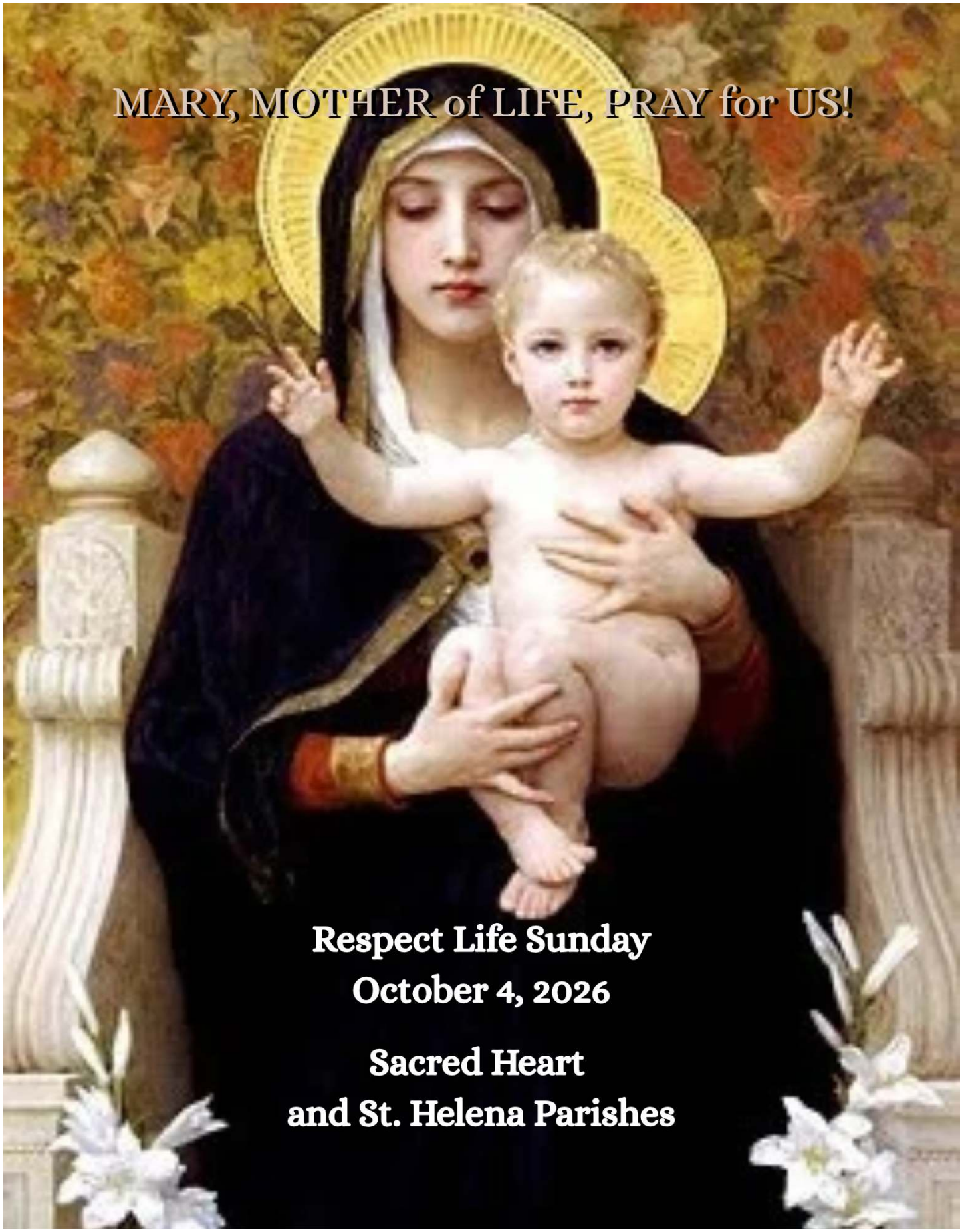

MARY, MOTHER of LIFE, PRAY for US!
Respect Life Sunday
October 4, 2026
Sacred Heart
and St. Helena Parishes

Mass Intentions & Parish Notes

Sacred Heart
October 3 - 11, 2026

The Sanctuary Candle burns for
Thomas Tremblay by His Family

Saturday Vigil / Sunday: October 3 / 4
Twenty - Seventh Sunday in Ordinary Time

4:00pm Ellie Hogan Downing
by The Monday Evening Rosary Group
8:00am Tommy Aucoin by Pat Aucoin
9:30am Emily and Charles Cassidy
by Andrew Raymond

Monday: October 5
St. Faustina Kowalska, Virgin
Bl. Francis Xavier Seelos, Priest

8:00am NO MASS

Tuesday: October 6
St. Bruno, Priest
Bl. Marie Rose Durocher, Virgin

5:30pm Intentions of Roger G. Vanas
by Wayne Vanasse

Wednesday: October 7
Our Lady of Victory / Our Lady of the Rosary

12:10pm Margaret Cheevers
by Connie LeBlanc

Thursday: October 8

8:00am Maurice LeBlanc by Wayne Vanasse

Saturday Vigil / Sunday: October 10 / 11
Twenty - Eighth Sunday in Ordinary Time

4:00pm George Lander
by Louise Dauphinais
8:00am Jim and Anne Gallagher
by Their Family
9:30am Michael Currier by Mom and Dad

UPCOMING SECOND COLLECTIONS

This Sunday, Oct. 4 - Fuel Fund

Sunday, Oct. 18 - World Mission Sunday

Thank you for your generosity!

St. Helena and St. Mary's Mission
October 4 and 11, 2026

Sunday: October 4
Twenty - Seventh Sunday in Ordinary Time

10:00am (St. Mary's) Kelly Shepard
by Cathy Griffin
5:30pm Pro Populo

Sunday: October 11
Twenty - Eighth Sunday in Ordinary Time

10:00am (St. Mary's) Rev. Fr. Leo LeBlanc
5:30pm Celebrant's Intentions

THE SEVEN-DAY MARIAN CANDLES at OUR LADY of LOURDES ALTAR BURN October 3 - 9 for

The Penardi Family
by Steve and Linda Milman

The McNamara and Gallagher Families
by Sheila Gallagher

A PRAYER for LIFE to JESUS in the BLESSED SACRAMENT

O Jesus, you came that we might have life—and have it in abundance. Together with the Father and the Holy Spirit, you form us in our mothers' wombs and call us to love you for all eternity.

As your most precious gift of human life is attacked, draw us ever closer to your Real Presence in the Eucharist. Dispel the darkness of the culture of death, for you are the light that shines in the darkness, and the darkness cannot overcome it.

By the power of your Eucharistic Presence, help us to defend the life of every human person at every stage. Transform our hearts to protect and cherish all whose lives are most vulnerable.

For you are God, forever and ever. Amen.

Religious Education / Parish Ministries

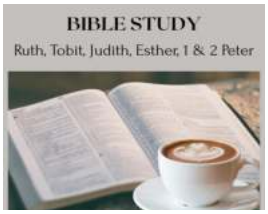
RELIGIOUS EDUCATION CLASS SCHEDULE for GRADES 1 - 3

We will meet on the following Sundays - October 4, 18, and 25

Parents and students, please meet in the Parish Hall directly after Mass.

Should you have any questions, please contact our Director of Religious Education, Lynn Smollin, at lynnsheartlebanon@gmail.com or call the office.

WHAT ABOUT THOSE BOOKS THAT AREN'T IN *ALL* BIBLES?



Join us this Sun, Oct. 4, after 9:30 Mass.

We'll gather in the office meeting room where we'll be studying some of the Deuterocanonical books; we're currently studying *Ruth*. Refreshments will be served. Please sign up on Flocknote so you'll receive all meeting notices. Can't wait to study with you!

https://tinyurl.com/SacredHeartBibleStudy

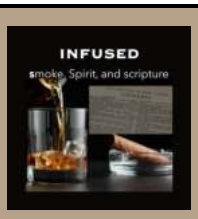
Maggie Nichols - Ministry Coordinator

THIRD ORDER of MARY

Meets this Sun, October 4, Noon

Sacred Heart's Parish Hall

Ministry contact - Connie LeBlanc
leblanc.constance@gmail.com



Invites all men on Tues, October 6, 6:10pm at Sacred Heart

*Sit back and enjoy a guest presenter discussing **Catholic Leisure**, as we celebrate our one year anniversary with pizza.*

Contact Chris Wira for more information at chris_wira@yahoo.com

Join us Tues, October 6, at 6:15pm.

The Paschal Mystery: Jesus Delivers Us from Evil

UPCOMING DATES & TOPICS

Oct. 13 - The Holy Spirit: God Dwells in Us

Oct. 20 - Christian Prayer: God Invites Us into Relationship

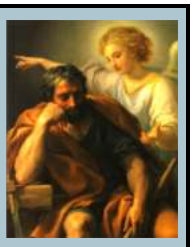
Oct. 27: The Old Law and the New: Learning Freedom

Already a full member of the Church? We guarantee you'll discover a new thing about her. There's always something to learn about the beautiful (and strange) Catholic faith!

OCIA meets Tuesday evenings in the Parish Hall at 6:15pm. Refreshments are served. Questions? Please contact coordinator Kelly Diette at ociasheartlebanon@gmail.com or call the office.

MEN of ST. JOSEPH

All men are welcome to join us.



Saturday, October 10
8:00 to 9:00am
Parish Office, Lower Level

TOPIC: *Prayer, Prayer ... and More Prayer, Part Two!*

UPCOMING MINISTRY MEETINGS in OCTOBER

- **Tuesday, Oct. 6**: Infused Men's Group
- **Saturday, Oct. 10**: Men of Saint Joseph
- **Sunday, Oct. 18**: Bible Study
- **Wednesday, Oct. 21**: Infused Men's Group
- **Sunday, Oct. 25**: Bible Study

Vocations: How will you become a saint?

RIGHTLY CALLING UPON the HIGHLY FAVORED ONE

October is the Month of the Rosary and of Mary, Our Lady of Victory and Our Lady of the Rosary. Many victories of heart, mind, and body, for individuals as well as the whole Church, have been attributed to Mary's intercession when the Rosary is prayed with ardor.

Her first intercession was 2000 years ago when God asked her to be part of the greatest victory over evil by becoming the Mother of the Messiah. She shared her nation's centuries-long yearning to be freed from brutal, sinful tyranny. In the darkness of Jewish despair, Mary put fear aside, gave an "*undivided gift of herself*" to the Trinity (CCC 506), and said YES to bring Jesus to the world during her lifetime and forever.

Her intercession is tied to the deliverance of Constantinople from a Persian siege in 626 AD when the city prayed the *Akathist Hymn* to Mary for many days and nights. Nine hundred years later the Ottoman Empire raided Europe for seven decades and turned the Mediterranean into an Ottoman Lake. Faced with imminent destruction, Italy received little help from other nations. England's Elizabeth pursued self-promotion and praise, Spain pursued palace peculiarities, France pursued pleasures, and German principalities sought personal possessions and power after Luther. At the precipice of desperate darkness of a complete Ottoman dominance, the young Prince Don John of Austria was called to be a vehicle to rescue Christendom, despite his youth and minimal naval experience. Like Mary, he said YES. Pope St. Pius V led the entire Church in many days and nights of ardent Rosary prayer. On October 7, 1571, Don John sailed the small "Holy League" fleet into the mouth of a massive Ottoman armada at Lepanto. With faith in Mary's intercession to God, the paltry fleet was victorious and proud Ottomans were scattered in their conceit.

Today we face dark domination again. This time it comes from the combination of atheism, jihadism, and communism with its fellow travelers who think these "ism's" are benign and ignore the clear teachings of the 1891 encyclical *Rerum Novarum*. We get little support from politicians, and so-called influencers who are bemused by self-promotion, peculiarities, possessions, pleasure, power, and praise.

In this dark, diabolical maw, women and men are called to heroic religious vocations, to bring the spiritual victory of Jesus to all of us. Let us plead to Our Lady of Victory with an ardent decade of the Rosary every night to ask the Holy Spirit to dissolve the fears of young people called to religious vocations so that each will give their full YES in complete faith, like Mary and Don John. Civilization itself needs them.

OCTOBER 7 is the FEAST of OUR LADY of VICTORY *or* OUR LADY of the ROSARY

Join us that Wednesday at 11:30am as we pray the Rosary. Holy Mass follows at 12:10pm.

One day, through the Rosary and the Scapular, Our Lady will save the world. ~Saint Dominic

Never will anyone who says his Rosary every day be led astray. This is a statement that I would gladly sign with my blood. ~Saint Louis de Montfort

Of all prayers the Rosary is the most beautiful and the richest in graces...love the Rosary and recite it every day with devotion. ~Saint Pius X

The Rosary is my favorite prayer. A marvelous prayer! Marvelous in its simplicity and its depth. ~Saint John Paul II

The Rosary is the most excellent form of prayer and the most efficacious means of attaining eternal life. It is the remedy for all our evils, the root of all our blessings. There is no more excellent way of praying. ~Pope Leo XIII (Author of Rerum Novarum)

Parish Announcements

JOIN US AT ST. MARY'S NEXT SUNDAY, OCT. 11

Come enjoy a potluck lunch and fun fall activities. This weekend we will have a sign-up sheet for the potluck dinner. Please add your name and what you plan to bring.

If you are competing for the best pumpkin pie, please bring it also. Looking forward to celebrating with you!

Free Community Dinner at St. Mary's, Canaan

We had another successful dinner last week. A nice energetic group enjoyed the socializing and meal. We fed a total of 70 meals, dine-in and takeout. Thank you to everyone who came to support the event. Thank you for food and monetary donations, they were greatly appreciated. To the servers and clean-up help, a huge thank you.

IMPORTANT NOTE: we have noticed a decline in side dishes and salads, as well as servers and most especially for clean-up. A few more helping hands would be greatly appreciated.

OUR NEXT DINNER IS OCTOBER 25!

Contact coordinator Rosalie Swanson with any questions or to let her know how you can help! 603-727-2383

PARISH FUNDRAISER for HEATING FUEL ST. MARY'S / ST. HELENA

Raffle basket tickets are on sale after Sunday Masses at the back of the church. Please stop by the table to purchase them. Tickets are $1.00 each. All monies from these sales go directly to assist with the cost of our parish's heating bill.

FIRST TUESDAY HOLY HOUR for VOCATIONS to the PRIESTHOOD

Sacred Heart - October 6 - 4:15 to 5:15pm, followed by Mass at 5:30pm

An hour spent with Jesus in the Blessed Sacrament is known as a Holy Hour. **Don't miss this Tuesday, October 6th's, Holy Hour for Vocations. Jesus wants your company and patiently waits for you.**

OCTOBER IS A MARIAN MONTH

AT SACRED HEART

- The Rosary will be prayed every Saturday prior to the 4pm Vigil Mass.
- Two Seven-Day Candles will be available for remembering a loved one. These will be on Our Lady of Lourdes' Altar. Please call the office to request one; the suggested donation is $10. The candle will burn from Saturday through the following Friday.

AT ST. HELENA and ST. MARY'S

- The Rosary will be prayed before every Sunday Mass.

MARIAN REMEMBRANCES in OCTOBER

Our Lady of the Rosary - October 7

Final Apparition of Our Lady of Fatima - October 13

Diocesan and Community Notes

BISHOP LIBASCI OFFERS a PARTIAL INDULGENCE RELATED to ST. FRANCIS of ASSISI

In honor of the 800th anniversary of the passing into eternal life of Saint Francis of Assisi, Bishop Libasci imparts a Partial Indulgence for partial remission of temporal punishment due to sin, (different from a Plenary Indulgence's complete remission of all temporal punishment) for those who visit either the Blessed Sacrament Church (Franciscan church) in Manchester, or Saint Thomas Aquinas Church (Franciscan church) in Derry, or Saint Francis of Assisi Church in Litchfield on Saturday afternoon / evening October 3 or Sunday morning / afternoon October 4, the Feast of Saint Francis.

Please contact those specially recognized parishes for exact times of their special services which may include Mass, Eucharistic Procession, Blessing of Animals, and receiving donations of food for the poor.

The usual conditions for receiving the partial Indulgence apply: Confession and reception of Holy Communion, prayers for the Holy Father, and an act of charity.

OCTOBER is RESPECT LIFE MONTH

Since 1973 the Catholic Church in the United States has observed October as *Respect Life Month* and the first Sunday in October as *Respect Life Sunday*. As Catholics we are called to cherish and protect those who are most vulnerable from the beginning of life to its natural end and at every point in between. During October the Church asks us to reflect more deeply on the dignity and gift of every human life.

Respect Life Novena: Oct. 22-30, 2026

This novena prays for the protection of human life, from conception to natural death. Each day of the novena features a different pro-life prayer intention which is accompanied by a short reflection and suggested actions to help build a culture of life. Details for the novena and other reflections will be available through Flocknote.

Parish Notes

Sacred Heart Parish
2 Hough Street, Lebanon, NH

Mass Schedule
Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 5:30pm
Wednesday 12:10pm
Thursday 8:00am

Confession
Saturday 2:45 - 3:30pm
or by appointment

Eucharistic Adoration
First Tuesdays 4:15 - 5:15pm

Rosary
Monday 8:30am in church
and 5pm on Zoom
Tuesday 5:15pm
(First Tuesdays at 4:30pm)
Thursday 7:30am
All Saturdays in October 3:30pm

St. Helena Parish
36 Shaker Hill Road, Enfield, NH

Mass Schedule
Sunday 5:30pm

Confession
Sunday 5:00 - 5:15pm

Rosary
All Sundays in October 5:00pm

St. Mary's Mission Church
1157 US Route 4, Canaan, NH

Mass Schedule
Sunday 10:00am

Confession
Sunday 9:30 - 9:45am

Rosary
All Sundays in October 9:30am

FIND OUR PARISHES on FACEBOOK!
Be sure to follow Sacred Heart and Saint Helena Parishes on Facebook to see pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of our Church.

We extend a warm welcome to you and thank God that you are with us.

If you would like to register with either of our parishes, please do so online:

SACRED HEART: sacredheartlebanon.org

ST. HELENA / ST. MARY'S: sthstm.org

SACRED HEART PARISH
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766
Telephone: 603-448-1262
Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA / ST. MARY'S
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766
Telephone: 603-632-4263
Website: www.sthstm.org
Email: sthstm@gmail.com

PARISH STAFF
Rev. Fr. Charles H. Pawlowski, KCHS
Pastor - *pastorsheartlebanon@gmail.com*

Camille Hardt
Parish Secretary - *sheartlebanon@gmail.com*

Lynn Smollin
DRE - *lynnsheartlebanon@gmail.com*

Alice Maleski
Music Dir. - *musicsheartlebanon@gmail.com*

Cathy Filiano, Sheila Gallagher
Office Assistants