Sacred Heart and St. Helena Parishes
Sept. 27, 2026

Today is PRIESTHOOD SUNDAY!

Mass Intentions & Parish Notes

Sacred Heart
September 26 - October 4, 2026

The Sanctuary Candle burns for
PFC Sinclair Martin, Jr. by Sheila, Jim, and Mike Gallagher

Saturday Vigil / Sunday: September 26 / 27
Twenty - Sixth Sunday in Ordinary Time

4:00pm The Intentions of Kalen Mullin by Suzan Louzier
8:00am Intentions of Donald and Elaine Reed by Andrew Raymond
9:30am Herman Martin by Raoul Martin, Jr.

Monday: September 28
St. Wenceslaus, Martyr

8:00am NO MASS

Tuesday: September 29
Saints Michael, Gabriel, and Raphael Archangels

5:30pm NO MASS

Wednesday: September 30
St. Jerome, Priest and Doctor of the Church

12:10pm NO MASS

Thursday: October 1
St. Therésè of the Child Jesus Virgin and Doctor of the Church

8:00am NO MASS

Saturday Vigil / Sunday: October 3 / 4
Twenty - Seventh Sunday in Ordinary Time

4:00pm Ellie Hogan Downing by The Monday Evening Rosary Group
8:00am Tommy Aucoin by Pat Aucoin
9:30am Emily and Charles Cassidy by Andrew Raymond

UPCOMING SECOND COLLECTIONS

Sunday, Oct. 4 - Fuel Fund

Sunday, Oct. 18 - World Mission Sunday

Thank you for your generosity!

St. Helena and St. Mary's Mission
September 27 and October 4, 2026

Sunday: September 27
Twenty - Sixth Sunday in Ordinary Time

10:00am (St. Mary's) Pro Populo
5:30pm Fr. Leo LeBlanc

Sunday: October 4
Twenty - Seventh Sunday in Ordinary Time

10:00am (St. Mary's) Kelly Shepard by Cathy Griffin
5:30pm Pro Populo

CLIFTON "KIP" DELANEY
March 1942 - September 2026

DEBRA GOODWIN HOWLAND
July 1951 - August 2026

RICHARD "DICK" SANBORN
February 1937 - September 2026

Eternal rest grant unto them, O Lord, and let Perpetual Light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

THE SEVEN-DAY MARIAN CANDLE at OUR LADY of LOURDES ALTAR BURNS for

The Penardi Family
by Steve and Linda Milman

Religious Education / Parish Ministries

RELIGIOUS EDUCATION CLASS SCHEDULE for GRADES 1 - 3

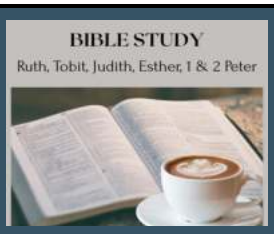
This Sunday, September 27

Sundays - October 4, 18, and 25

Parents and students, please meet in the Parish Hall directly after Mass.

Should you have any questions, please contact our Director of Religious Education, Lynn Smollin, at lynnsheartlebanon@gmail.com or call the office.

PROMISED YOURSELF *THIS* YEAR YOU'D DIVE INTO SCRIPTURE?



Join us this Sun, Sept. 27, after 9:30 Mass.

We'll gather in the office meeting room where we'll be studying some of the Deuterocanonical books, starting with *Ruth*. Refreshments will be served. Please sign up on Flocknote so you'll receive all meeting notices. Can't wait to study with you!

https://tinyurl.com/SacredHeartBibleStudy

Maggie Nichols - Ministry Coordinator

OCIA

Order of Christian Initiation for Adults

Join us Tues, Sept. 29 at 6:15pm.

Jesus Christ: God Becomes Man

UPCOMING DATES & TOPICS

Oct. 6 - The Paschal Mystery: Jesus Delivers Us from Evil

Oct. 13 - The Holy Spirit: God Dwells in Us

Oct. 20 - Christian Prayer: God Invites Us into Relationship

Oct. 27: The Old Law and the New: Learning Freedom

Already a full member of the Church? We guarantee you'll discover a new thing about her. There's always something to learn about the beautiful (and strange) Catholic faith!

OCIA meets Tuesday evenings in the Parish Hall at 6:15pm. Refreshments are served. Questions? Please contact coordinator Kelly Diette at ociasheartlebanon@gmail.com or call the office.

THIRD ORDER of MARY

Meets Sun, October 4, Noon

Sacred Heart's Parish Hall

Ministry contact - Connie LeBlanc

leblanc.constance@gmail.com

UPCOMING MINISTRY MEETINGS

- **Sunday, Oct. 4**: Bible Study and Third Order of Mary
- **Tuesday, Oct. 6**: Infused Men's Group
- **Saturday, Oct. 10**: Men of Saint Joseph
- **Sunday, Oct. 18**: Bible Study
- **Wednesday, Oct. 21**: Infused Men's Group
- **Sunday, Oct. 25**: Bible Study

Vocations: How will you become a saint?

I COULD NEVER BE WHAT I'M TRAINING FOR *AND* HAVE A RELIGIOUS VOCATION ... CAN I?

Adults need a career that pays for food, housing, and sustaining needs. There are two great commandments to which all other commands are oriented: 1) love God with all our heart, mind, and strength and 2) love our neighbors as ourselves. Many of us work countless hours for a company that follows neither command. After years of working for such a company, we may suffer a malaise known as "moral injury."

The unique, joyful aspect of **RELIGIOUS VOCATIONS** is that they are careers that provide all material needs while simultaneously promoting work devoted to loving God fully and serving God's people, especially the needy. People in religious life commonly state their work is more fulfilling and truly delightful than they anticipated it would be.

Religious life calls people from every professional skill to serve as priest, sister, monk, or nun: plumber, accountant, architect, teacher, writer, nurse, scientist, social worker, lawyer, speaker, physician, geologist, carpenter, pilot, electrician, physicist, etc. This is not exaggeration.

There are places in the world where the best schools and health clinics are in monasteries and abbeys, and where building homes for the poor is managed from parish rectories. In the USA several of the world's very best schools are run by Benedictines, Cistercians, and other religious orders of men and women.

In Alaska, priests have pilot licenses and fly hundreds of miles to minister to their flock. Spend one month, 24/7, with any New Hampshire parish priest, and you will be amazed at the variety of problems he confronts and the broadness of his skills. Sisters work as social workers, teachers, and clinicians in cities and rural settings. There are chaplains in all branches of the military.

And it has been this way for 2000 years!

For example:

- the great composer Vivaldi was a priest,
- the first formulator of the scientific method was Franciscan Father Roger Bacon,
- the Big Bang Theory and its math analysis was done by Belgian Jesuit Georges Lemaître,
- many celestial bodies were characterized by Franciscan friars,
- the American network of seismographs was established by Jesuits,
- international law was begun by Dominicans,
- discoveries in pharmacology and botany as well as contributions in music, art, and philosophy were all given to us by sisters such as Hildegard of Bingen, Teresa of Ávila, Thérèse of Liseux, and Teresa Benedicta of the Cross.

Such examples go on and on.

Regardless of the profession, there is a place for it and need of it in some religious order, in some diocese, and in some country. With all one's loving heart and in using one's skill(s) for the greater glory of God and in service to His people, religious vocations have changed and will continue to change the world.

PRAYER of ST. JEROME

Feast - Wednesday, Sept 30

O Lord, show Your mercy to me and gladden my heart. I am like the man on the way to Jericho who was overtaken by robbers, wounded and left for dead. O Good Samaritan, come to my aid. I am like the sheep that went astray. O Good Shepherd, seek me out and bring me home in accord with Your will. Let me dwell in Your house all the days of my life and praise You for ever and ever with those who are there. Amen.

Parish Announcements

Free
Community Dinner
at St. Mary's, Canaan

Plan to join us this Sunday, Sept. 27!

Contact coordinator Rosalie Swanson with any questions or to let her know how you can help! 603-727-2383

PARISH FUNDRAISER for HEATING FUEL ST. MARY'S / ST. HELENA

Raffle basket tickets are on sale after Sunday Masses at the back of the church. Please stop by the table to purchase them. Tickets are $1.00 each. All monies from these sales go directly to assist with the cost of our parish's heating bill.

ST. MARY'S SAVE THE DATE! SUNDAY, OCT. 11

We will have a potluck lunch with activities. Ideas for the activities are: Best Pumpkin Pie, Best Decorated Pumpkin, Pie Eating Contest, and perhaps a game of BINGO. Have some fun ideas to share? Let one of us know: Susan Gagnon, Nancy Tantillo, and Barbara Tourville.

ST. HELENA'S NEEDS YOU!

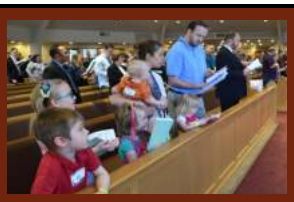
We are in need of altar boys or young men as well as lectors.

If you're interested, contact Roger Dauphinais by calling or texting him at 603-667-8262 or emailing him at redauphinais1@protonmail.com.

PRAYER for our PRIESTS

Gracious and loving God, we thank you for the gift of our priests. Through them, we experience your presence in the sacraments. Help our priests to be strong in their vocation. Set their souls on fire with love for your people. Grant them the wisdom, understanding, and strength they need to follow in the footsteps of Jesus. Inspire them with the vision of your Kingdom. Give them the words they need to spread the Gospel. Allow them to experience joy in their ministry. Help them to become instruments of your divine grace.

We ask this through Jesus Christ, who lives and reigns as our Eternal Priest. Amen.



ARE YOU A FAMILY WITH YOUNG CHILDREN?

I'm so happy to have all of you here with us! Parents, I don't ever want you to feel awkward because your son or daughter cries, wails, or even screams during the Mass. Children are a blessing. Always.

I invite all families, but especially those with young children, to sit at the front of the church in the hope of better engaging your kids. There is a lot going on in the sanctuary during Mass, all the bells and smells as it were. It's a true feast for the senses.

Sacred Heart has a well-stocked library in the Parish Hall that offers wonderful books to give your children even more to examine. In addition, at all entrances of the church you'll find the board book *My First Interactive Mass Book* that takes a child through the Mass with colorful illustrations hidden behind flaps, etc. Going through this with your daughter or son as the Mass progresses is a great introduction to the Holy Sacrifice of the Mass.

Regarding children eating during Mass: Even if your child is too young to receive the Eucharist, it's never too early to introduce the one-hour fast. Of course this doesn't apply to infants but I am confident that even young toddlers, seated up front with a patient parent to guide them, can get through a Mass without snacking. Thank you for your cooperation.

Fr. Charles

Parish and Community Notes

INFANT BAPTISM

Are you interested in having your child Baptized at Sacred Heart, St. Helena, or at St. Mary's?

Our *mandatory* prep class is next Sunday October 4 at Sacred Heart at 9:00am.

(The next class won't be offered until February.)

Please contact the office to enroll.

OCTOBER IS A MARIAN MONTH

AT SACRED HEART

- The Rosary will be prayed every Saturday prior to the 4pm Vigil Mass.
- Two Seven-Day Candles will be available for remembering a loved one. These will be on Our Lady of Lourdes' Altar. Please call the office to request one; the suggested donation is $10. The candle will burn from Saturday through the following Friday.

AT ST. HELENA and ST. MARY'S

- The Rosary will be prayed before every Sunday Mass.

MARIAN REMEMBRANCES in OCTOBER

Our Lady of the Rosary - October 7

Final Apparition of Our Lady of Fatima - October 13

OCTOBER is RESPECT LIFE MONTH

Since 1973 the Catholic Church in the United States has observed October as *Respect Life Month* and the first Sunday in October as *Respect Life Sunday*. As Catholics we are called to cherish and protect those who are most vulnerable from the beginning of life to its natural end and at every point in between. During October the Church asks us to reflect more deeply on the dignity and gift of every human life.

Respect Life Novena: Oct. 22-30, 2026

This novena prays for the protection of human life, from conception to natural death. Each day of the novena features a different pro-life prayer intention which is accompanied by a short reflection and suggested actions to help build a culture of life. Details for the novena and other reflections will be available through Flocknote.

Parish Notes

Sacred Heart Parish
2 Hough Street, Lebanon, NH

Mass Schedule
Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 5:30pm
Wednesday 12:10pm
Thursday 8:00am

Confession
Saturday 2:45 - 3:30pm
or by appointment

Eucharistic Adoration
First Tuesdays 4:15 - 5:15pm

Rosary
Monday 8:30am in church
and 5pm on Zoom
Tuesday 5:15pm
(First Tuesdays at 4:30pm)
Thursday 7:30am
First Saturdays 3:30pm

St. Helena Parish
36 Shaker Hill Road, Enfield, NH

Mass Schedule
Sunday 5:30pm

Confession
Sunday 5:00 - 5:15pm

St. Mary's Mission Church
1157 US Route 4, Canaan, NH

Mass Schedule
Sunday 10:00am

Confession
Sunday 9:30 - 9:45am

Rosary
First and Third Sundays 9:30am

We extend a warm welcome to you and thank God that you are with us.

If you would like to register with either of our parishes, please do so online:

SACRED HEART: sacredheartlebanon.org

ST. HELENA / ST. MARY'S: sthstm.org

The Nichay Family
Nick, Deirdre, Owen, and Rhys

SACRED HEART PARISH
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766
Telephone: 603-448-1262
Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA / ST. MARY'S
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766
Telephone: 603-632-4263
Website: www.sthstm.org
Email: sthstm@gmail.com

PARISH STAFF
Rev. Fr. Charles H. Pawlowski, KCHS
Pastor - *pastorsheartlebanon@gmail.com*

Camille Hardt
Parish Secretary - *sheartlebanon@gmail.com*

Lynn Smollin
DRE - *lynnsheartlebanon@gmail.com*

Alice Maleski
Music Dir. - *musicsheartlebanon@gmail.com*

Cathy Filiano, Sheila Gallagher
Office Assistants

FIND OUR PARISHES on FACEBOOK!

Follow Sacred Heart and Saint Helena Parishes on Facebook to see pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of our Church.