Fall Festival Fundraiser

More photos found
on our Facebook page!

Sacred Heart & St. Helena Parishes

September 20, 2026

25th Sunday in Ordinary Time

Mass Intentions & Parish Notes

Sacred Heart
September 19 - 27, 2026

The Sanctuary Candle burns for
James M. Gallagher, Sr. by His Family

Saturday Vigil / Sunday: September 19 / 20
Twenty - Fifth Sunday in Ordinary Time

4:00pm Bob and Fay Sharkey by Their Sons
8:00am Intentions of Larry and Tara Raymond by Andrew Raymond
9:30am Al Cormier by Louise Dauphinais

Monday: September 21
St. Matthew, Apostle and Evangelist

8:00am NO MASS

Tuesday: September 22

5:30pm NO MASS

Wednesday: September 23
St. Pius of Pietrelcina (Padre Pio), Priest

12:10pm NO MASS

Thursday: September 24

8:00am NO MASS

Saturday Vigil / Sunday: September 26 / 27
Twenty - Sixth Sunday in Ordinary Time

4:00pm The Intentions of Kalen Mullin by Suzan Louzier
8:00am Intentions of Donald and Elaine Reed by Andrew Raymond
9:30am Herman Martin by Raoul Martin, Jr.

GORDON PLUMMER
June 1926 - Sept. 2026

Eternal rest grant unto him, O Lord, and let Perpetual Light shine upon him. May his soul and the souls of all the faithful, through the mercy of God, rest in peace. Amen.

THE MARIAN CANDELABRUM
at the Our Lady of LaSalette Altar

burns on September 19, the 180th Anniversary of Our Lady's Appearance, for ***The Deceased Members of the Saint Stanislaus Ladies Guild.***

St. Helena and St. Mary's Mission
September 20 and 27, 2026

Sunday: September 20
Twenty - Fifth Sunday in Ordinary Time

10:00am (St. Mary's) Celebrant's Intentions
5:30pm Philip and Ramona Diette by Kelly Diette

Sunday: September 27
Twenty - Sixth Sunday in Ordinary Time

10:00am (St. Mary's) Pro Populo
5:30pm Fr. Leo LeBlanc

SACRED HEART PARISH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766
Telephone: 603-448-1262
Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA / ST. MARY'S

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766
Telephone: 603-632-4263
Website: www.sthstm.org
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KCHS
Pastor - *pastorsheartlebanon@gmail.com*

Camille Hardt
Parish Secretary - *sheartlebanon@gmail.com*

Lynn Smollin
DRE - *lynnsheartlebanon@gmail.com*

Alice Maleski
Music Dir. - *musicsheartlebanon@gmail.com*

Cathy Filiano, Sheila Gallagher
Office Assistants

UPCOMING SECOND COLLECTIONS

Sunday, Oct. 4 - Fuel Fund
Sunday, Oct. 18 - World Mission Sunday

Religious Education / Parish Ministries

RELIGIOUS EDUCATION STARTS THIS SUNDAY - SEPTEMBER 20 FOLLOWING 9:30 MASS

Parents and students, please meet in the Parish Hall directly after Mass.

Should you have any questions, please contact our Director of Religious Education, Lynn Smollin, at lynnsheartlebanon@gmail.com or call the office.

OCIA
Order of Christian Initiation for Adults

All Adults are "*Invited*"

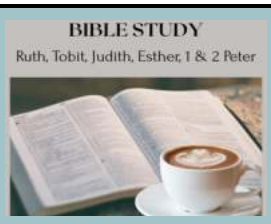
This year OCIA will be using Ascension Press's ***Invited*** curriculum. Please check it out by viewing their two-minute video found here: https://tinyurl.com/OCIAInvited.

You need not be trying to join the Church or complete your Sacraments to attend our gatherings. There's always something to learn about the beautiful Catholic faith!

OCIA meets Tuesday evenings in the Parish Hall at 6pm. Refreshments are served. Questions? Please contact coordinator Kelly Diette at ociasheartlebanon@gmail.com or call the office.

BIBLE STUDY RESUMES!

This Sun, Sept. 20, following 9:30 Mass



Join us in the office meeting room where we'll begin our studies of some of the Deuterocanonical books along with 1st and 2nd Peter. Refreshments will be served. Please sign up on Flocknote so you'll receive all meeting notices. Can't wait to study with you!

https://tinyurl.com/SacredHeartBibleStudy

Maggie Nichols - Ministry Coordinator

UPCOMING MINISTRY MEETINGS

- **Sunday, Sept. 27**: Bible Study
- **Sunday, Oct. 4**: Bible Study and Third Order of Mary
- **Tuesday, Oct. 6**: Infused Men's Group
- **Saturday, Oct. 10**: Men of Saint Joseph
- **Sunday, Oct. 18**: Bible Study
- **Wednesday, Oct. 21**: Infused Men's Group
- **Sunday, Oct. 25**: Bible Study

For a complete list of the ministries at Sacred Heart, please click/paste the link below:

https://tinyurl.com/SacredHeartMinistries

Vocations: How will you become a saint?

I COULD NEVER BE WHAT I'M TRAINING FOR *AND* HAVE A RELIGIOUS VOCATION ... CAN I?

Adults need a career that pays for food, housing, and sustaining needs. There are two great commandments to which all other commands are oriented: 1) love God with all our heart, mind, and strength and 2) love our neighbors as ourselves. Many of us work countless hours for a company that follows neither command. After years of working for such a company, we may suffer a malaise known as "moral injury."

The unique, joyful aspect of **RELIGIOUS VOCATIONS** is that they are careers that provide all material needs while simultaneously promoting work devoted to loving God fully and serving God's people, especially the needy. People in religious life commonly state their work is more fulfilling and truly delightful than they anticipated it would be.

Religious life calls people from every professional skill to serve as priest, sister, monk, or nun: plumber, accountant, architect, teacher, writer, nurse, scientist, social worker, lawyer, speaker, physician, geologist, carpenter, pilot, electrician, physicist, etc. This is not exaggeration.

There are places in the world where the best schools and health clinics are in monasteries and abbeys, and where building homes for the poor is managed from parish rectories. In the USA several of the world's very best schools are run by Benedictines, Cistercians, and other religious orders of men and women.

In Alaska, priests have pilot licenses and fly hundreds of miles to minister to their flock. Spend one month, 24/7, with any New Hampshire parish priest, and you will be amazed at the variety of problems he confronts and the broadness of his skills. Sisters work as social workers, teachers, and clinicians in cities and rural settings. There are chaplains in all branches of the military.

And it has been this way for 2000 years!

For example:

- the great composer Vivaldi was a priest,
- the first formulator of the scientific method was Franciscan Father Roger Bacon,
- the Big Bang Theory and its math analysis was done by Belgian Jesuit Georges Lemaître,
- many celestial bodies were characterized by Franciscan friars,
- the American network of seismographs was established by Jesuits,
- international law was begun by Dominicans,
- discoveries in pharmacology and botany as well as contributions in music, art, and philosophy were all given to us by sisters such as Hildegard of Bingen, Teresa of Ávila, Thérèse of Liseux, and Teresa Benedicta of the Cross.

Such examples go on and on.

Regardless of the profession, there is a place for it and need of it in some religious order, in some diocese, and in some country. With all one's loving heart and in using one's skill(s) for the greater glory of God and in service to His people, religious vocations have changed and will continue to change the world.

"There are not one hundred people in the United States who hate The Catholic Church, but there are millions who hate what they wrongly perceive the Catholic Church to be."

Fulton J. Sheen

The Catholic Church in the United States will mark a historic and deeply symbolic moment this week, as Archbishop Fulton J. Sheen, long known as "God's microphone" is set to be beatified on September 24 in St. Louis, Missouri.

Parish Announcements

PARISH FUNDRAISER for HEATING FUEL ST. MARY'S / ST. HELENA

Raffle basket tickets are on sale after Sunday Masses at the back of the church. Please stop by the table to purchase them. Tickets are $1.00 each. All monies from these sales go directly to assist with the cost of our parish's heating bill.

Free Community Dinner at St. Mary's, Canaan

Plan to join us for our next gathering on September 27.

Contact coordinator Rosalie Swanson with any questions or to let her know how you can help! 603-727-2383

ST. MARY'S SAVE THE DATE! SUNDAY, OCT. 11

We will have a potluck lunch with activities. Ideas for the activities are: Best Pumpkin Pie, Best Decorated Pumpkin, Pie Eating Contest, and perhaps a game of BINGO. Have some fun ideas to share? Let one of us know: Susan Gagnon, Nancy Tantillo, and Barbara Tourville.

ST. HELENA'S NEEDS YOUR HELP!

We are in need of altar boys or young men as well as lectors.

If you're interested, contact Roger Dauphinais by calling or texting him at 603-667-8262 or emailing him at redauphinais1@protonmail.com

God bless all those who helped make this year's Fall Festival Fundraiser a happy success! We netted **$4,249** and had a wonderful time to boot! Not even the weather could dampen the joyful mood of the day.

Thanks especially to the Joyful Hearts Ministry, the Men of Saint Joseph, the Sacred Heart Knights of Columbus, and all the volunteers and donors too numerous to name.
Well done, Friends!

Fr. Charles

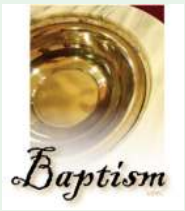
THANK YOU FOR HELPING ME CELEBRATE MY 50TH!

And thanks to all who wished me a happy birthday with cards and calls and texts. I'm grateful for all your expressions of friendship.

Fr. Charles

Parish and Community Notes

INFANT BAPTISM



Are you interested in having your child Baptized at Sacred Heart, St. Helena, or at St. Mary's?

Our next *mandatory* prep class is in two weeks! October 4 at Sacred Heart at 9:00am.
(The next class won't be offered until February.)

Please contact the office to enroll.

OCTOBER IS A MARIAN MONTH

AT SACRED HEART

- The Rosary will be prayed every Saturday prior to the 4pm Vigil Mass.
- Two Seven-Day Candles will be available for remembering a loved one. These will be on Our Lady of Lourdes' Altar. Please call the office to request one; the suggested donation is $10. The candle will burn from Saturday through the following Friday.

AT ST. HELENA and ST. MARY'S

- The Rosary will be prayed before every Sunday Mass.

MARIAN REMEMBRANCES in OCTOBER

Our Lady of the Rosary - October 7

Final Apparition of Our Lady of Fatima - October 13

OCTOBER is RESPECT LIFE MONTH

Since 1973 the Catholic Church in the United States has observed October as *Respect Life Month* and the first Sunday in October as *Respect Life Sunday*. As Catholics we are called to cherish and protect those who are most vulnerable from the beginning of life to its natural end and at every point in between. During October the Church asks us to reflect more deeply on the dignity and gift of every human life.

Respect Life Novena: Oct. 22-30, 2026

This novena prays for the protection of human life, from conception to natural death. Each day of the novena features a different pro-life prayer intention which is accompanied by a short reflection and suggested actions to help build a culture of life. Details for the novena and other reflections will be available through Flocknote.

Parish Notes

Sacred Heart Parish
2 Hough Street, Lebanon, NH

Mass Schedule
Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am
Monday 8:00am
Tuesday 5:30pm
Wednesday 12:10pm
Thursday 8:00am

Confession
Saturday 2:45 - 3:30pm
or by appointment

Eucharistic Adoration
First Tuesdays 4:15 - 5:15pm

Rosary
Monday 8:30am in church
and 5pm on Zoom
Tuesday 5:15pm
(First Tuesdays at 4:30pm)
Thursday 7:30am
First Saturdays 3:30pm

St. Helena Parish
36 Shaker Hill Road, Enfield, NH

Mass Schedule
Sunday 5:30pm

Confession
Sunday 5:00 - 5:15pm

St. Mary's Mission Church
1157 US Route 4, Canaan, NH

Mass Schedule
Sunday 10:00am

Confession
Sunday 9:30 - 9:45am

Rosary
First and Third Sundays 9:30am

We extend a warm welcome to you and thank God that you are with us.

If you would like to register with either of our parishes, please do so online:

SACRED HEART: sacredheartlebanon.org

ST. HELENA / ST. MARY'S: sthstm.org

The Spretnjak Family
Mark, Eva, and Joseph

FIND OUR PARISHES on FACEBOOK!

Follow Sacred Heart and Saint Helena Parishes on Facebook to see pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of our Church.

KNIGHTS of COLUMBUS

SACRED HEART COUNCIL 2656
Council Grand Knight, John Pomeroy
johnpomeroy84@gmail.com

Meets the second Monday of the month at 6pm, Sacred Heart's Parish Hall

CANAAN / ENFIELD COUNCIL 8027
Council Grand Knight, Albert Vanasse
a.vanasse712@gmail.com

Meets the third Wednesday of the month at 7pm, St. Mary's Parish Hall in Canaan.

Get important updates via email and/or text. **Flocknote** lets you choose what information you'd like to receive from the groups in our parishes.

- Text **SHLEB** to 84576 from your phone to subscribe to updates **OR** go to flocknote.com/sacredheartparish5 .
- Text **STOP** to 84576 to stop text notifications at any time. Text **HELP** for help.