Sacred Heart Parish
2 Hough Street, Lebanon, NH

Mass Schedule
Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am
Monday 8:00am
Tuesday 5:30pm
Wednesday 12:10pm
Thursday 8:00am

Confession
Saturday 2:45 - 3:30pm
or by appointment

Eucharistic Adoration
First Tuesdays 4:15 - 5:15pm

Rosary
Monday 8:30am in church
and 5pm on Zoom
Tuesday 5:15pm
(First Tuesdays at 4:30pm)
Thursday 7:30am
First Saturdays 3:30pm

St. Helena Parish
36 Shaker Hill Road, Enfield, NH

Mass Schedule
Sunday 5:30pm

Confession
Sunday 5:00 - 5:15pm

St. Mary's Mission Church
1157 US Route 4, Canaan, NH

Mass Schedule
Sunday 10:00am

Confession
Sunday 9:30 - 9:45am

Rosary
First and Third Sundays 9:30am

Twenty-Fourth Sunday in Ordinary Time

September 13, 2026

Mass Intentions and Notes

Sacred Heart
September 12 - 20, 2026

Saturday Vigil / Sunday: September 12 / 13
Twenty - Fourth Sunday in Ordinary Time

4:00pm Kevin and Clara McNamara on the Occasion of their Wedding Anniversary by Mom
8:00am Deceased Members of the Konicki and Swieszkowski Families by Bernie and Sophie Konicki
9:30am Maurice LeBlanc by Connie LeBlanc

Monday: September 14
The Exaltation of the Holy Cross

8:00am Earl and Sheila Jette by Louise Dauphinais

Tuesday: September 15
Our Lady of Sorrows

5:30pm Herman Martin by Louise Dauphinais

Wednesday: September 16
Saints Cornelius, Pope and Cyprian, Bishop, Martyrs

12:10pm William and Rosalie Dauphinais by Louise Dauphinais

Thursday: September 17
St. Robert Bellarmine, Bishop and Doctor of the Church; St. Hildegard of Bingen, Virgin and Doctor of the Church

8:00am Natalie Daigle by Louise Dauphinais

Saturday Vigil / Sunday: September 19 / 20
Twenty - Fifth Sunday in Ordinary Time

4:00pm Bob and Fay Sharkey by Their Sons
8:00am Intentions of Larry and Tara Raymond by Andrew Raymond
9:30am Al Cormier by Louise Dauphinais

St. Helena and St. Mary's Mission
September 13 and 20, 2026

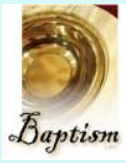
Sunday: September 13
Twenty - Fourth Sunday in Ordinary Time

10:00am (St. Mary's) Kelly Shepard by Cathy Griffin
5:30pm Celebrant's Intentions

Sunday: September 20
Twenty - Fourth Sunday in Ordinary Time

10:00am (St. Mary's) Celebrant's Intentions
5:30pm Philip and Ramona Diette by Kelly Diette

MANDATORY INFANT BAPTISM CLASS



If you're interested in having your baby Baptized at any of our churches, **you must attend the class on Oct. 4**. Please call the office to register. (The next one is scheduled for February.)

SACRED HEART PARISH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766
Telephone: 603-448-1262
Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA / ST. MARY'S

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766
Telephone: 603-632-4263
Website: www.sthstm.org
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KCHS
Pastor - *pastorsheartlebanon@gmail.com*

Camille Hardt
Parish Secretary - *sheartlebanon@gmail.com*

Lynn Smollin
DRE - *lynnsheartlebanon@gmail.com*

Alice Maleski
Music Dir. - *musicsheartlebanon@gmail.com*

Cathy Filiano, Sheila Gallagher
Office Assistants

SECOND COLLECTION

This Sunday, September 13
Parish Fuel Fund

THIS SUNDAY SEPTEMBER 13 10:30am to 2:00pm

Rain or Shine

Admission is free! Fun for the whole family!

Bake Table
Ax Throwing
BINGO
Farm Fresh Vegetables Sale
Raffle Table
Bounce House
Dunk Tank
Photo Booth

LIVE MUSIC!

Maple Balsamic Grilled Chicken or *Kielbasa Lunch*
Includes: Fall Harvest Salad with Apple and Butternut Squash, Cole Slaw, Lemonade or Water

$15 per person / $50 per family*

*Immediate members only.

Sacred Heart Church - 2 Hough St - Lebanon, NH
603-448-1262

Parish Ministries / Monthly Offertory

Invites all men Wed, September 16, 6:10pm at Sacred Heart

Kingdoms Five through Seven of Contemplative Prayer

Contact Chris Wira for more information at chris_wira@yahoo.com

SHARE the FAITH - BECOME a CATECHIST or ASST CATECHIST!

We all see the challenges facing our world today—the lack of faith, the harmful influences, and the struggles our children encounter. You may wonder, "What can I do?"

You can make a lasting difference in the next generation by helping our children grow in the Faith and their love for Christ. Our Religious Education program is seeking Catechists and Assistant Catechists for students in 1st through 3rd grade.

You don't need to be a theologian or experienced teacher. All you need is a love for Jesus and a desire to share His love with others. Whether you feel called to lead a class or support as an assistant, your presence can have a meaningful impact on a child's faith journey.

Materials, training, and support are provided. We invite you to prayerfully consider how God may be calling you to serve in this important ministry.

Help bring our children closer to Christ—because if the world won't tell them about His love, we can.

For more information,
please contact Lynn Smollin, DRE,
at lynnsheartlebanon@gmail.com.

"Let the little children come to me." Matthew 19:14

Monthly Collections

August 1 - 31, 2026

SACRED HEART

In Person Collection: $ 14,821
Online Collection: 5,941
$ 20,762

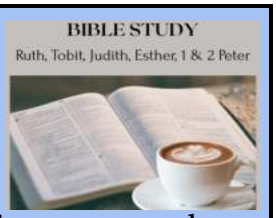
Assumption of the Blessed Mother $666
Bldg Fund (incl Organ Restoration) $1,850
Fuel $1,047
Parish Charity $20

ST. HELENA / ST. MARY'S MISSION

In Person Collection: $ 4,173
Online Collection: 450
$ 4,623

Assumption of the Blessed Mother $273
August Community Dinner $142 net
Fuel $476

BIBLE STUDY RESUMES!



Sun, September 20, following 9:30 Mass

Join us in the office meeting room where we'll begin our studies of some of the Deuterocanonical books along with 1st and 2nd Peter. Refreshments will be served. Please sign up on Flocknote so you'll receive all meeting notices. Can't wait to study with you!

https://tinyurl.com/SacredHeartBibleStudy

Maggie Nichols - Ministry Coordinator

OCIA - All Adults are "Invited"

This year OCIA will be using Ascension Press's ***Invited*** curriculum. Please check it out by viewing their two-minute video found here: https://tinyurl.com/OCIAInvited.

There's always something to learn about the Catholic faith!

Religious Education

Religious Education for Grades 1 through 3

Online registration is open via link or QR code below.

First day of classes is September 20, following 9:30 Mass.

If you have any questions concerning the program or how your child may progress in his or her faith formation or receive the Sacraments, please contact our parishes' Director of Religious Education, Lynn Smollin, at lynnsheartlebanon@gmail.com.

Use the QR code shown here or the link below to register your student.
https://tinyurl.com/RelEdRegister

Tuition increases after September 13.

OCIA

Order of Christian Initiation for Adults

OCIA is for those Interested in Becoming Catholic or in Completing their Sacraments of Initiation.

We meet on Tuesday evenings in the parish hall following 5:30 Mass.

Online registration is open via the link or QR code below.

Use the QR code shown here or the link below to register.
https://tinyurl.com/OCIAregister

Vocations: How will you become a saint?

IT'S the SOURCE of ALL VOCATIONS and IT'S under ATTACK

The Trinity created the universe and humans because it pleased God to do so. Jesus came to us in human form with a human nature because it pleased Him to do so. He chose to be born into a family because He loves families.

Sacramental matrimony is a VOCATION — the source of all other vocations — and the Bible shows that God treasures it. September may be back-to-school time but parents are a child's *first* teachers. The Catholic Christian ideal is that parents supervise the financial, academic, social, and spiritual flourishing of each child, to do so lovingly, and not to be obstructed by the government.

Today our country is full of many proud Democrat Socialists and Marxists, (and perhaps the most influential city in our country has one for its mayor!) all of whom oppose the nuclear family and any religion. They state that if children are raised in government indoctrination collectives, *outside the family*, parents are free to enjoy life and work for the collective state without the burdens of child-rearing. Divorce can then be quick and convenient because there is no need for couples to raise children. In the Marxist plan children are raised for efficient, diligent productivity, without the clumsiness of love among children and parents. Karl Marx himself wrote these proud words, *"I wish to avenge myself against the One who rules above. I will wander god-like and victorious through the ruins of this world. Thus heaven I forfeited; I know it full well. My soul, once true to God, is chosen for hell."*

Our three churches of Sacred Heart, Saint Helena, and Saint Mary's Mission strive to promote the sacred vocation of Christian parenthood through:

- prayerful liturgies
- activities of the Knights of Columbus
- devout efforts of the Third Order of Mary, Faith in Action Committees, the Men of St. Joseph, and other parish ministries

What can *you* add to this list? How about praying to the Holy Spirit and Holy Family for vocations to Catholic Christian marriage and parenthood? When lifting up your prayers, ask for the intercession from the various patron saints of marriage:

- Mary, Joseph, Anne, and Joachim
- Priscilla and Aquila, a married couple who knew St. Paul and are patrons of good marriages
- Monica, patroness of married women
- Valentine, patron of happy marriages
- Rita of Cascia, patroness of difficult marriages
- Gengulphus of Burgundy, patron of difficult marriages
- Adelaide of Burgundy, patroness of second marriages
- Thomas More, a widower who remarried, prayed for King Henry VIII's marriage, and was imprisoned and killed by the king for opposing the king's divorce
- Louis and Zelie Martin, parents of St. Thérèse and several daughters who became Carmelite sisters

goodcatholic.com/patron-saints-of-marriage is where you can go to read more about these holy men and women.

Please join Sacred Heart's Decade of a Scriptural Rosary for Vocations at 5:15pm on Tuesdays before the 5:30 Mass.

"When a child is given to his parents, a crown is made for that child in Heaven, and woe to the parents who raise a child without consciousness of that eternal crown!"

Archbishop Fulton J. Sheen

Parish Ministries and Announcements

LaSALETTE ASSOCIATES OF ENFIELD, NH warmly invite you to join them in prayer as they celebrate the 180th anniversary of the Apparition of Our Lady of LaSalette. On **Saturday, September 19** they will celebrate the 180th Anniversary of the Apparition of Our Lady of La Salette which occurred on September 19, 1846.

Please **join them in Enfield at the former LaSalette Shrine at 3pm**. They will gather on the hillside in the Summer House Pavilion. You may walk or drive up the hill. They will share the LaSalette story and have a short prayer service.

Prayer for the 180th Anniversary

Our Lady of La Salette, Reconciler of sinners, you came to call us back to your Son, with tears of love and words of hope. Help us to come closer to Jesus Christ, to receive His Word that enlightens and consoles, and to live lives of conversion and faith. Teach us to be witnesses of reconciliation, in our communities and in the world. Guide us during this time of preparation, that we may celebrate this anniversary with renewed hearts and joyful spirits. We entrust ourselves to your care, now and always. Amen.

Free Community Dinner at St. Mary's, Canaan

Plan to join us for our next gathering on September 27.

Contact coordinator Rosalie Swanson with any questions or to let her know how you can help! 603-727-2383

ST. HELENA'S NEEDS YOUR HELP!

We are in need of altar boys / young men as well as lectors.

If you're interested, contact Roger Dauphinais by calling or texting him at 603-667-8262 or emailing him at redauphinais1@protonmail.com

ONGOING MINISTRIES at SACRED HEART

(For a complete list please click on the following link: https://tinyurl.com/SacredHeartMinistries)

JOYFUL HEARTS MINISTRY

We help make parish events possible. The opportunities to serve include planning, set up, food preparation, baking, serving, and clean-up. There are no minimum hours to which you commit; sign up only for those events that interest you! It is an amazing opportunity to get to know your parish community.

MONDAY NIGHT ROSARY

Join us on Zoom at 5pm; sign-in info can be found on our parish website.

MUSIC

If you can sing *Happy Birthday*, please consider joining the Sacred Heart Choir with an eye toward becoming a beloved (and much needed!) cantor.

PASTORAL CARE MINISTRY

We hope to share the Eucharist and conversation with the ill and homebound in our parishes.

If you, a family member, or a friend cannot come to Mass, our parish family can come to you. Please contact the office to request a visit.

PRAYER SHAWL MINISTRY

Shawls can be found at the entrances of all churches. Please take a shawl to someone who could use a physical reminder that he or she is being remembered in prayer.