

Sacred Heart Parish

2 Hough Street, Lebanon, NH

Mass Schedule

Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 5:30pm
Wednesday 12:10pm
Thursday 8:00am

Confession

Saturday 2:45 - 3:30pm

Eucharistic Adoration

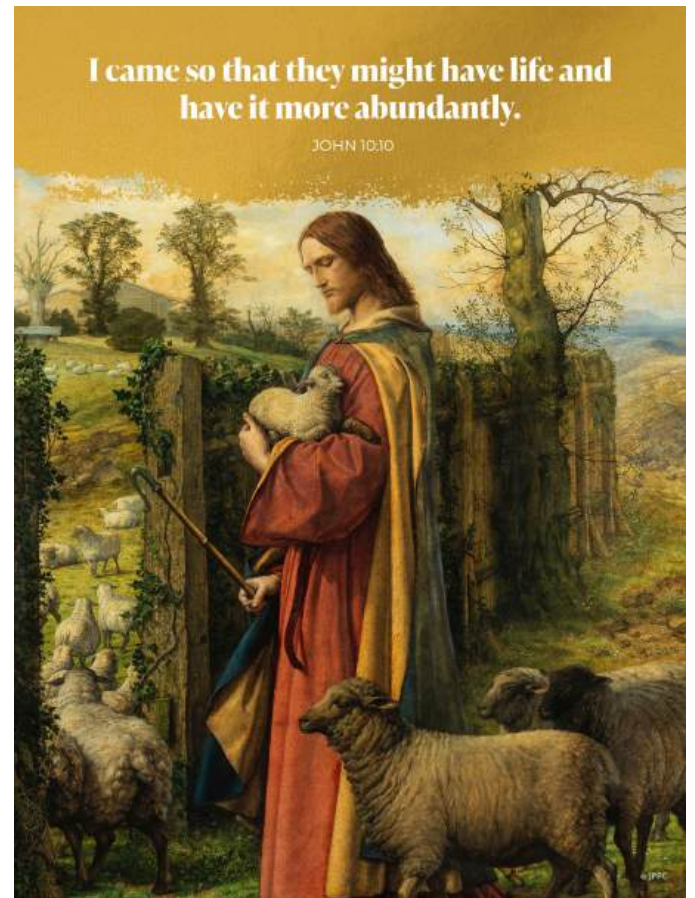
First Tuesdays 4:15 - 5:15pm

Rosary

Monday 8:30am in church & 5pm on Zoom
Tuesday 5:15pm (First Tuesdays at 4:30pm)
Thursday 7:30am
First Saturdays 3:30pm

Fourth Sunday of Easter

April 26, 2026



St. Helena Parish

36 Shaker Hill Road, Enfield, NH

Mass Schedule

Sunday 5:30pm

Confession

Sunday 5:00 - 5:15pm

Rosary

All Sundays in October 5:00pm

St. Mary's Mission Church

1157 US Route 4, Canaan, NH

Mass Schedule

Sunday 10:00am

Confession

Sunday 9:30 - 9:45am

Rosary

First and Third Sundays 9:30am

Mass Intentions and Notes

Sacred Heart: April 25 - May 3, 2026

Saturday Vigil / Sunday: April 25 / 26
Fourth Sunday of Easter

4:00pm Jim and Mary Mottola
by Carol Quirk

8:00am Jeannine Eno
by Jim and Cathy Filiano

9:30am Cray and Cameron Holdsworth
by Kelly Koloski

Monday: April 27

8:00am Intentions of Michael, Anthony, and
Sean Devane by Bernadette McLaughlin

Tuesday: April 28

St. Peter Chanel, Priest and Martyr
St. Louis Grignion de Montfort, Priest

5:30pm Joan and Kenneth Louzier
by Suzan Louzier

Wednesday: April 29

St. Catherine of Siena, Virgin
and Doctor of the Church

12:10pm Jeanine Eno by Fr. Charles

Thursday: April 30
St. Pius V, Pope

8:00am Mercedes Daliva
by Catherine Avelino

Saturday Vigil / Sunday: May 2 / 3
Fifth Sunday of Easter

4:00pm All Children Receiving Their
Sacraments and for Their Families

8:00am Robert Coutermarsh by His Family
9:30am Pro Populo

St. Helena and St. Mary's Mission ***April 26 and May 3, 2026***

Sunday: April 26
Fourth Sunday of Easter

10:00am (St. Mary's) Pro Populo
5:30pm Celebrant's Intentions

Sunday: May 3
Fifth Sunday of Easter

10:00am (St. Mary's) Celebrant's Intentions
5:30pm Pro Populo



ATTENTION CHILDREN of the PARISH!

**Come be part of our
annual May Crowning
of Our Lady's statue.**

**Sacred Heart
Sunday, May 3
9:30am Mass**

- This is open to all children 5 years of age and older.
- The procession will be arranged in the Parish Hall at 9:10am on May 3 where the children will receive their flowers and instructions on how to process.
- We encourage all children to wear their Sunday best to honor Jesus' mother. Those children who will have made their Sacraments the day before are asked to wear the clothes they wore on their special day.

If you have any questions, please contact
our DRE, Lynn Smollin,
at lynnshheartlebanon@gmail.com.

MAY IS A MARIAN MONTH

At **Sacred Heart** the Rosary will be prayed
at 3:30pm before all Saturday Vigil Masses
(*except on May 2nd*).

At **St. Helena and St. Mary's** the Rosary will
be prayed one half-hour before all Masses.

At Our Lady of Lourdes altar at Sacred Heart
two 7-day candles are available
each Saturday through the following Friday.
Please call the office if you wish to honor
or remember a loved one in this way.
The suggested stipend is \$10 per candle.

Upcoming Events at Sacred Heart

CONFIRMATION and FIRST EUCHARIST MASS SATURDAY, MAY 2 - 4:00pm

Come to the Bishop's Mass and stay to celebrate with our Religious Education students and their families afterward.

DERBY DAY DINNER - SATURDAY, MAY 2

Parish Hall from 5 to 8pm

Join us for some family fun including
a great BBQ Rib Dinner, BINGO, and Horse Racing!

TICKETS ON SALE AFTER MASSES & THROUGH THE OFFICE.
Price will increase on the day of the dinner.

MEMORIAL DAY - MONDAY, MAY 25

10:00am Mass

Coffee and Donuts gathering afterward.

Lebanon Parade begins at 11:00am. Watch from the front lawn!

FESTA JUNINA - SATURDAY, JUNE 20

5:00-8:00pm in the Parish Hall

Come feast with us as we honor Saints Anthony, John the Baptist,
Peter, and Paul and share the beautiful Brazilian culture!

*Sacred Heart Parish - 2 Hough St. - Lebanon
sacredheartlebanon.org*

Parish Ministries and Notes



SACRED HEART RELIGIOUS EDUCATION / OCIA

Catechesis for a journey
that will last a lifetime.

**We'll meet in the Parish Hall
after 9:30 Mass this Sunday, April 26.**

Questions? Contact our DRE, Lynn Smollin,
at lynnsheartlebanon@gmail.com.

We'll meet this
Sunday, April 26,
to discuss Chapter 13.

*Our final gathering for this
study will be May 3 where
we'll cover Chapters 14
and 15. BIBLE STUDY*

*will then be on hiatus until the fall.
Announcements regarding our start-up date and
next study topic can be found in this summer's
bulletins and on our website.*

BIBLE STUDY

St. Paul's Letter to the Romans



THIS SUNDAY, APRIL 26

- The *Our Father* prayer

MONDAY NIGHT ROSARY

*We'll pray the Glorious
Mysteries through May 18.*



Join us on Zoom at 5pm; sign-in info can
be found on our parish website.



INFANT BAPTISM

Interested in having your child
Baptized at Sacred Heart,
St. Helena, or St. Mary's?

A prep class led by our DRE,
Lynn Smollin, will be held on **June 7**
at Sacred Heart at 9:00am.

Please contact the office to enroll.



SACRED HEART PARISH SESQUICENTENNIAL

Join us Sunday, May 24, and celebrate
our parish's 150th anniversary.

Mass at 9:30am with Bishop Libasci.
Procession through town and festival
on parish grounds follow immediately.

Parish Ministries and Notes



spring cleanup

ON the PARISH GROUNDS
at SACRED HEART

Saturday, April 25 at 9:30am
(Raindate - Sun, Apr. 26 after 9:30 Mass)

Many hands make light work!

*Please consider spending a couple of hours helping
to keep our parish beautiful. Thank you!*

Free
Community Dinner
at St. Mary's, Canaan



Join us this Sunday, April 26!

Ham, Scalloped Potatoes, Green Beans,
Homemade Rolls, Desserts, and Beverage

Able to help? We need donations
of sides, salads, veggies, and desserts.

Prep work takes place 9am, Sat, April 25.

Servers and clean-up help also needed.

Contact meal coordinator Rosalie Swanson
at 603-727-2383 and let her know!



**CANAAN/ENFIELD
COUNCIL 8027**

invites all graduating seniors
of the parish to apply
for the annual

**Fr. Michael McGivney
Council 8027 Scholarship.**

Applications can be found at the entrances
to St. Mary's and St. Helena churches.

The deadline is Friday, May 15.

Please contact Grand Knight Albert Vanasse
at a.vanasse712@gmail.com
with any questions.



VOCATIONS MINISTRY

APRIL 26 is the WORLD DAY
of PRAYER for VOCATIONS

CELEBRATED on Good Shepherd Sunday, it is wedged between the Feast of St. Mark (April 25) and the Feast of St. Catherine of Siena (April 29). St. Mark was the Evangelist who wrote the book of Mark as the Memoir of St. Peter. He had worked as assistant first to St. Paul and later to St. Peter. He became the first Bishop of Alexandria in Egypt where he was martyred. St. Catherine of Siena was a Dominican Sister and a genius; a theological Doctor of the Church who convinced the "refugee" Avignon Papacy to return to Rome.

These two great saints show that the Church needs both men and women to consecrate their lives to preach the love of the Trinity and the necessity to love our neighbors and enemies. The Gospels show that Jesus and the Apostles depended on material and social support from believing men and women. The Book of Acts and the Epistles of Paul show deep material support from many men and women disciples, who take up the task of teaching the Faith after Paul moves on, and who work ardently to support the needs of the growing Church.

Consecrated people have been necessary to bring the love of Jesus to everyone from the time of the early Church to our present day. So we ask, on April 26, and on at least one day in each of the next two weeks, please pray a decade of the Rosary, or at least the Lord's Prayer, and ask God to increase Vocations to the Consecrated Life. To call those who will proclaim the message of Jesus and serve all people in need. Some bring us the Lord in the Eucharist, some grant absolution and all the Sacraments, some give spiritual guidance, some help to staff schools and universities, some are called to the social services or to offer economic support, some are gifted and their works of art, music, and literature seek to make immorality unthinkable.

Remember that "*The harvest is plentiful,
but the laborers are few; therefore, ask the Lord
of the harvest to send out laborers into His harvest*"
Matthew 9:37-38.

Parish and Diocesan Notes

A NEW MINISTRY in our DEANERY!

Psalm 139:14 Wonderfully Made is a new Catholic ministry for adults with special needs. **Their first meeting will take place on April 30 at the Magdalen Center in Warner.** This group will provide an opportunity for special needs adults to express their faith, share their gifts, and build community. Supported by team members and volunteers, participants will meet twice a month in an inclusive environment. Volunteers are needed to help facilitate and support the participants.

For more information please contact:

Kathy Prieto kathy@prietos.us,
Barbarajean Burrill muchope@comcast.net,
or Pat Canning pacanning75@gmail.com.



Bishop Libasci invites couples celebrating 5, 10, 15, 20, etc. years of marriage in 2026 to a Mass in celebration of wedding anniversaries. The Mass will be held on Sunday, June 7, at 2:00pm at Saint Joseph Cathedral, Manchester. **To register, please contact your parish office by May 15th.**



THE MONTH OF APRIL is designated as Child Abuse Prevention Month in the United States. The Diocese of Manchester provides child safety articles, parent guides, and other helpful information about child protection on its website. For more information, please visit www.catholicnh.org/safety during April and share this information with others.



This weekend we kick off the 5th year of the New Hampshire Catholic Appeal: Future of Our Faith II - Jesus, I Trust in You, an annual appeal to grow and expand ministries vital to the Church in New Hampshire. Thank you to all who donated to the NHCA last year. The New Hampshire Catholic Appeal again will help fund essential ministries like the care for our retired priests, education and formation of seminarians, Catholic education, faith formation, parish support, Parable magazine, the Community Services program at Catholic Charities NH, and more. All registered parishioners will receive a letter from Bishop Libasci in the mail so that you can learn more about the NHCA and how you can participate. Our parish goals are noted below; 90% of the money raised over those goals will be rebated to our parishes to use for our needs.

Every gift, no matter the size, strengthens these ministries and allows us to serve, comfort, and bring hope to those who need it most. To make a gift please return the gift envelope that you will receive in the mail at home which includes your donor ID and parish ID to your parish or mail that directly to the NHCA.

For more information, go to www.catholicnh.org/nhca or scan this QR code. Thank you for your prayerful consideration.



PARISH GOALS

Sacred Heart \$26,194
St. Helena / St. Mary's \$7,721

If you would rather give anonymously (i.e. not give the Diocese your personal information), please send a check payable to Sacred Heart or St. Helena with **NHCA clearly noted in the Memo line.** We will forward that donation to the NHCA as part of our parishes' drives.

SACRED HEART PARISH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766

Telephone: 603-448-1262

Website: www.sacredheartlebanon.org

Email: sheartlebanon@gmail.com

ST. HELENA PARISH

ST. MARY'S MISSION

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766

Telephone: 603-632-4263

Website: www.sthstm.org

Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KCHS
Pastor - pastorsheartlebanon@gmail.com

Camille Hardt
Parish Secretary - sheartlebanon@gmail.com

Lynn Smollin
DRE - lynnsheartlebanon@gmail.com

Alice Maleski
Music Dir. - musicshheartlebanon@gmail.com

Cathy Filiano, Sheila Gallagher
Office Assistants

KNIGHTS of COLUMBUS

SACRED HEART COUNCIL 2656
Council Grand Knight, John Pomeroy
johnpomeroy84@gmail.com

Meets the second Monday of the month
at 6pm, Sacred Heart's Parish Hall

CANAAN / ENFIELD COUNCIL 8027
Council Grand Knight, Albert Vanasse
a.vanasse712@gmail.com

Meets the third Wednesday of the month
at 7pm, St. Mary's Parish Hall in Canaan.

welcome

We extend a warm welcome to you
and thank God that you are with us.

If you would like to register with either of
our parishes, please do so online via our
websites:

SACRED HEART: sacredheartlebanon.org

ST. HELENA / ST. MARY'S: sthstm.org

If you prefer to give us your information
over the phone or in person, please contact
the office during normal business hours.

Get important updates via email
and/or text. **Flocknote** lets you
choose what information you'd
like to receive from the groups in
our parishes.



- Text **SHLEB** to 84576 from your phone to subscribe to updates **OR** go to flocknote.com/sacredheartparish5.
- Text **STOP** to 84576 to stop text notifications at any time. Text **HELP** for help. There is no charge for this service, but your carrier message and data rates may apply. See: www.flocknote.com/txt



FIND OUR PARISHES on FACEBOOK!

Follow Sacred Heart and Saint Helena Parishes on Facebook to see pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of Mother Church.



Prayer Shawl
Ministry

Shawls can be found at the entrances of all churches. Please take a shawl to someone who could use a physical reminder that he or she is being remembered in prayer.