

Greetings Friends,

Currently, Mass will only be celebrated at Sacred Heart allowing the opportunity for 85 people to be present at each Mass. *Please know that this number is well below the guidelines offered by the government/diocese.* St. Helena and St. Mary's Mission will not resume the celebration of public Mass until additional restrictions have been lifted.

- **Arrival**
  - Arrive at the church 10 minutes early and enter only through the front doors.
  - The handicapped-accessible ramp side door will be available for those needing it.
- **Collection**
  - No collection baskets will be passed during Mass.
  - There will be a basket located at the front door as you enter in which you may place your offertory envelope.
  - There will also be baskets at the side doors in which you may place your envelope as you leave.
  - Please remember that online giving is also an option!
- **Seating**
  - Families, please seat yourselves in the center sections of the church.
  - Couples, please seat yourselves in the side pews.
  - A total of three "separate" individuals may be seated in one of the center pews.
- **Pew Missals**
  - Pew Missals are available for your personal use. They are yours to keep for the year. Pew Missals are available at the main entrance of the church. Donations are being accepted to help offset the cost to our parish.
- **Coming Forward for Holy Communion**
  - For those wishing to receive, please come down the center aisle (form 2 lines) and return via the side aisles.
  - If you are seated in one of the side pews, please walk to the rear of the church and come forward via the center aisle. **Do not cut across the center pews.**
  - As you reach the front of the sanctuary, please make your way to an open spot at the altar rail that corresponds to the side that you are sitting on.
- **Reception of Holy Communion**
  - Communion will be distributed at the altar rail.
  - The priest will begin distribution at the statue of the Sacred Heart and work his way down the rail, repeating as necessary until all have received.
  - You may receive kneeling or standing, and you may receive either on the tongue or in the hand.
  - Be prepared to receive - Lower mask prior to receiving Holy Communion.

- *Please consume the Sacred Host while at the altar rail in the sight of the priest.*
- *Once you have received, please return to your seat via the side aisles only.*
- **Departure from the church**
  - *Following the recessional hymn, please exit the church via the side entrances only.*
- **Bulletins**
  - Printed bulletins are available as you enter and as you leave the church.
- **Clean-Up**
  - Following Mass, pews are wiped down.
    - To help keep a safe environment for all, consider assisting with this. If you are able to do this, please let an usher know upon your arrival.
    - We need four people, per Mass, for this task.
    - The process takes no more than 15 minutes.
- **General Notes**
  - You are encouraged to follow the guidelines set forth by:
    - The CDC
    - The Diocese of Manchester  
<https://www.catholicnh.org/community/outreach/health-care/coronavirus/preparing-for-mass/>
    - The City of Lebanon. <https://lebanonnh.gov/1405/Mask-Ordinance>
  - If you are uncomfortable entering the church for the celebration of Mass consider watching our live-streamed Mass on Sunday morning at 9:30am on our Facebook page <https://www.facebook.com/sacredheartlebanon>
  - Please also note that the obligation to attend Sunday Mass has been lifted by Bishop Libasci for the time being.

Peace,  
Fr. Charles