

Confirmation Sponsor Resources

Restore•Renew•Proclaim *the Hope that is Christ*

Diocese of Manchester Restored Order and Lifelong Faith Formation resources:

<https://www.catholicnh.org/parishes/formation/lifelong/>

What is Confirmation

Confirmation is the sacrament that celebrates the presence of God's special strength and gifts in a baptized person. Confirmation is one of the three sacraments of initiation (Baptism, Eucharist, and Confirmation). Confirmation helps us to grow in strength, wisdom and courage, gifts given by the Holy Spirit. It confirms your Baptism. It confers on a person a greater responsibility in Christian life, a deeper bond with Jesus.

How in Confirmation celebrated

The presiding Bishop follows in the footsteps of the Apostles, who laid hands on the faithful to share the presence of the Holy Spirit. Celebrated during the Mass, the Confirmation rite begins after the Liturgy of the Word. There are four parts to the sacrament:

- Baptismal vows – the renewal of baptismal promises
- Laying on of the Hands – the Bishop and all celebrants extend their hands over all those to be confirmed and pray. This symbolizes the passing on of the power of the Holy Spirit and the sharing of Christ's priesthood.
- Anointing with Holy Chrism Oil – the anointing symbolizes the sealing by the Holy Spirit to be transformed into the likeness of Christ
- Sign of the Peace – the Bishop gives the sign of peace in a handshake to the confirmed person. This represents the community's loving welcome to full responsible membership.

Letters to Confirmation Candidates

Please write a letter to your confirmation candidate and submit to the church by March 27. You may send in the letter in a sealed envelope (YOUR CANDIDATE'S NAME, c/o Sacred Heart Parish, PO Box 482, Lebanon, NH 03766), send it via email to dffsheartlebanon@gmail.com, or drop them off at the church. Letters can include:

- Memories of when the confirmation candidate was a baby or small child.
- Writing about all of the candidate's fine qualities and how they have grown over the years to this point.
- Include challenges they have already overcome or are working very hard on.
- Something about the patron saint they have chosen and how that fits in with their own life or faith journey.
- Reminder that they should ask God to help them for all that is before them in the years ahead.
- Add little family jokes or pet names if you think the candidate would enjoy that.
- Add a special bible verse that you think would be helpful to the candidate or a verse that is a family favorite.

Sample letters

<https://www.catholiccompany.com/getfed/how-to-write-confirmation-letter-5777>

Catholic Prayers

From jesuitresource.org: Catholic prayers and printable prayer cards:

<https://www.xavier.edu/jesuitresource/online-resources/prayer-index/catholic-prayers>

2019 Sacred Heart Confirmation calendar

Event	Sponsor Expectations
<p>Family Retreat Sunday, March 17 at LaSalette Shrine Noon- 5:00pm Sunday Mass at 9:30am at Sacred Heart Or 5:30pm at St. Helena</p>	<p>Pray for your candidates; By March 27th send in Sponsor Letters (details on front)</p>
<p>Confirmation Workshops Sunday, March 31, 12:30-2:30 pm at St. Mary's Canaan or Saturday, April 6, 2:00-4:00 pm or 5:30-7:30 pm at Sacred Heart</p>	<p>Choose only ONE workshop Attend with your candidate, or send a proxy or parent.</p>
<p>Confirmation Rehearsal Friday, April 26 at Sacred Heart 5:30 pm: For the 10 am Confirmation 7 pm: For the 1 pm Confirmation</p>	<p>Attend with your candidate, or send a proxy (not a parent).</p>
<p>Confirmation Saturday, April 27 at Sacred Heart Arrive at 9 am for 10 am Confirmation Arrive at 12:15 pm for 1 pm Confirmation</p> <p>Confirmation Reception Sunday, April 28 at Sacred Heart and St. Mary's after 9:30 am or 11:30 am Masses</p>	<p>Attend with your candidate, or send a proxy (not a parent).</p> <p>Celebrate with your candidate!</p>
<p>Mystagogia St. Mary's: May 5 & June 2 after 11:30 am Mass</p> <p>Sacred Heart: May 19 & June 2 after 9:30 am Mass</p>	<p>You are invited to attend with your candidate, if you can't be here, please check in with your candidate to follow up with them after Confirmation.</p>