

# *Sacred Heart Parish*

*Served by the Missionaries of Our Lady of La Salette*  
*PO Box 482, 2 Hough Street, Lebanon, NH 03766-0482*

*(603)448-1262 Fax: (603)448-2139*

*www.sacredheartlebanon.org*

*email: sheartlebanon@myfairpoint.net*

**Pastor:**

Rev. Dr. William V. Kaliyadan, M.S.

**Secretary:** Ann Kimball

**Religious Education Director:**

Karen R. Boucher Office: 448-1262  
Home: 448-3930

**Youth Ministry:**

Debra Campbell 863-2120

**Priest in Residence:**

Rev. Richard Delisle, M.S.

**Parish Office Hours:**

Monday through Friday, 9:00 AM - 4:00 PM

**Weekend Masses**

Saturday 4:30 PM

Sunday 8:00 AM & 10:30 AM

**Weekday Masses**

Wednesday & Friday 8:00 AM

Tuesday & Thursday 7:00 pm

**Sacrament of Reconciliation:** Saturday 4:00-4:30; anytime on request.

**Sacrament of Baptism:** Contact the Parish Office 3 months before the birth

**Sacrament of Matrimony:** Contact the Pastor 6 months before the wedding date.

**Sacrament of Anointing of the Sick:** Please notify the parish office immediately if any one in the family is seriously ill.

**Communion for Homebound:** Please keep us informed of our sick and others who may be incapacitated so that we might minister to those in need, at home, in the hospital or a nursing home.

## **Welcome**

We extend a warm welcome to all who are visiting or are here for the first time. If you attend Sacred Heart regularly and consider this your parish, please take time to register at the parish office. Make our church a home away from your home.

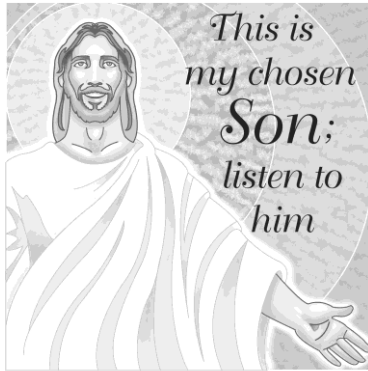
## **Parish Mission Statement**

We, the People of Sacred Heart Parish, have the welcoming, loving presence of Jesus Christ as the center of our life, especially in the **Eucharist**. Through the ministry of the La Salette Missionaries we are committed to continuing the reconciling ministry of Jesus Christ.



# Second Sunday of Lent February 27- 28, 2010

The LORD is my light and my salvation; whom should I fear? — *Psalm 27:1*



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## ALL ABOUT CHANGE

On this Second Sunday of Lent the scriptures remind us that when we have an encounter with our God, things are bound to change. In the first reading God tells Abram to raise his eyes to the sky, promising descendants as numerous as the stars. Abram's act of faith in the Lord is sealed in covenant, forever changing the course of salvation history. In the Gospel story of the Transfiguration, always proclaimed on this Lenten Sunday, the Lord Jesus changes in appearance before the eyes of the apostles who, like Abram, raise their eyes to the spectacle in the sky. It is Saint Paul who brings it all together for us: "He will change our lowly body to conform with his glorified body" (Philippians 3:21). Lent is all about change, all about conversion. Let us cast our own eyes to heaven, awaiting that day when we will be changed—when we will share in Christ's glory. © Copyright, J. S. Paluch Co.

## TODAY'S READINGS

**First Reading** — The Lord made a covenant with his faithful servant, Abram, saying, "To your descendants I give this land." (Genesis 15:5-12, 17-18). **Psalm** — The Lord is my light and my salvation (Psalm 27). **Second Reading** — We await the Lord Jesus, who will change us to conform with his glorified body (Philippians 3:17 — 4:1 [3:20 — 4:1]). **Gospel** — Peter, James, and John witness the transfiguration of Jesus on the mountain (Luke 9:28b-36).

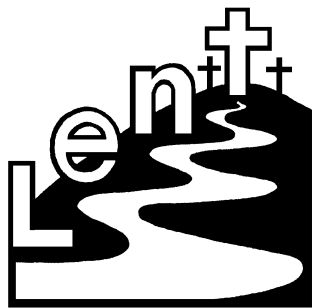
## DONORS OF CHURCH RENOVATION.

Renovation of our Church is progressing rapidly and our Worship place looks beautiful. We thank those who already responded to the plea for financial support and have contributed to this special project. If you have not contributed yet, please consider helping us out. New electrical rewiring and fire safety measures have cost us another **\$32,000.00**. We need to raise this amount through your contributions. So we have received **\$14,635.00**. Please help us build our Church for the future. If you can do it this is the time to do it!

M/M Roger Adams  
Edward Audette  
M/M John Bellavance  
Barbara Brooker  
Veronica Colby  
Dorothy Coutermarsh  
M/M Donel D'Cruze  
M/M Willis Downing  
Anne Fair  
M/M Ahmad Haidari  
Anna Kaupinis  
M/M James Lacombe  
Hy Lanteigne  
John Levenick  
Christopher & Jamie Mazur  
M/M Charles McHugh  
Evelyn Morse  
M/M Bruce Plummer  
M/M Richard Reynolds  
M/M Kevin Ruane  
Gary Shepard  
M/M Joseph Swain  
M/M Leon Tremblay  
M/M Robert Wennergren  
M/M Robert Woodward

Anonymous  
Patricia Bazilchuk  
M/M Fernand Bergeron  
M/M Alexander Carr  
M/M Albert Cormier  
M/M Harold Craig  
M/M Daniel Dahmen  
Janet Ducharme  
M/M Brian Fontaine  
M/M Calvin Hunnewell  
M/M Frank Kimball  
M/M George Lander  
M/M Alfred LeJeune  
M/M Michael Long  
Ronald McGonis  
Janice Miles  
M/M Michael Pascucci  
M/M Frank Polito  
M/M Daniel Rock  
M/M Dennis Seguin  
Adrian Smith  
Frank Tamburrino  
M/M Kenneth Valentine  
M/M George Wenz  
M/M Bernard Yelle

Patricia Aucoin  
M/M Adrian Bellavance  
Marion Boivin  
Elizabeth Carver  
Bonita Coutermarsh  
M/M Gerry Crate  
Leonard Decato  
M/M Thomas Edson  
M/M Edward Guay  
M/M Bob Jette  
M/M Terry LaCasse  
M/M Maurice Langley  
Phyllis Lemay  
M/M Steve Marchewka  
M/M Thomas McGonis  
Carlyle Morrison  
M/M Rick Paulsen  
Milford Potwin  
M/M Duane Rollins  
Karen Sheehan  
M/M Thomas Smith  
M/M Gary Tremblay  
Ruth Vincent  
M/M Walter Wilcox  
M/M William Zimmerman



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The word *season* has many meanings, and each tells us something about what Lent can and should mean for us.

It means, first of all, one of the four seasons of the year. Lent falls during the late winter and early spring

seasons. This year Ash Wednesday, the beginning of Lent, falls on February 17. Lent ends at Holy Thursday, the beginning of the Easter Triduum (Holy Thursday, Good Friday and Easter). Easter, this year, is on April 4.

Everyone knows the date for Easter is different every year. If you've ever wondered how it is determined, here is the answer. Use it to stump your friends! Easter Sunday is the first Sunday following the first full moon that follows the spring equinox. Spring begins on March 20/21. Check your calendar for the next full moon after that date. Easter is the next Sunday. So, this year, the first full moon occurs on March 29th (Monday), and thus the next Sunday, April 4, is Easter Sunday. That rule applies every year.

But *season* also means "a time of year when something is best." For example, "oyster season" refers to the months when oysters are at peak flavor and supply. And *season* used as a verb ("to season") means to heighten the flavor of food by adding condiments and other spices.

All of these meanings can help us to grasp the deeper meaning of Lent. First of all, to approach Easter—the most significant feast of our faith and of the Church year—we need to prepare ourselves as we do for any major celebration or event. Anyone involved in making wedding plans knows you don't do that over the weekend. It takes time to make sure everything is just right for this most important day.

### ▲ IMPORTANT TRUTHS CAN FADE

Someone might say, "Well, I believe already; I go to Mass and communion regularly, so why all the fuss?" The truth is that there is not one of us who doesn't need to refresh ourselves, our consciousness and our awareness of what our faith means. That is true of priests and religious as well as lay people.

We need to be honest with ourselves. The simple fact is that no matter how great something is, we can take it for granted. We get used to it and it can fade in importance. Other less important things begin to take precedence. What husband and wife in their marriage have not had to ask themselves whether they are taking each other for granted? A priest who offers Mass each day can find himself losing awareness of the sacredness of the act he is offering each day. "Familiarity can breed contempt" is not just a clever saying; we know the truth of it from our experience.

Lent is a time to "season" our lives with a deeper realization of what we actually believe. Jesus, son of God, died for me. My own efforts and good work don't save me. They are important because they make faith alive in my life, not just an abstract fact in my head. Some say, "Of course I believe, but don't ask me to get to serious about it." Lent is dead serious, because it is about life and eternity.

If Easter, the resurrection of Jesus, our Lord and Savior, is the greatest of all our feasts, we must prepare and remind ourselves how graced and fortunate we are that we are believers. When a loved one dies, we know that the truth of the resurrection eases our tears of loss and temporary separation. Jesus' resurrection causes us to know that we and our loved ones will be together some day with God in heaven.

### ▲ LENTEN PRACTICES

Now, some of us old folks remember the many fast and abstinence days we experienced early on. Less is required now: fasting only on Ash Wednesday and Good Friday; abstaining from meat on Ash Wednesday and all the Fridays of Lent. Actually, that's pretty mild.

Voluntary acts of self-denial, beyond the minimum requirements, can also be beneficial for us. But there are many other acts we can do that can bring us a deeper awareness during the Lenten season. Could you go to Mass one day a week during Lent? Could you make a little donation to some worthy cause each week by giving up an alcoholic beverage?

Lent is always a good time to get to confession, especially if you have been avoiding this sacrament. What about simply looking at your own temperament and asking, "In my relationships with others, have I been getting moody this past year?" What about determining to treat others at work or in the family with more kindness, considerateness and awareness of their feelings?

We are so blessed with our faith. We know the answers to the most important questions of life: Why are we here on earth? What's my purpose and what has God called me to do? Am I doing what I know I should be doing? Lent is a perfect season to take stock of our lives and show the Lord we are grateful for the gift of faith.

## ALL COMMITTEES NEED VOLUNTEERS!

### OUR PARISH COMMITTEES

**ALTAR SERVERS:** Brian Sagraves 298-7437

**BAPTISMAL PREP:**

Greg & Karen Ogrinc 448-3642

**BEREAVEMENT SUPPORT:**

Jeanne Childs 643-4440

**CHOIR:** Joanie Whiting 526-2674

**CHRISTIAN FORMATION:** Karen Boucher 448-1262

**COMING HOME:**

Dan and Connie Dahmen (603) 727-9352

**DECORATING COMMITTEE:**

Donna Christy 448-2427

**EUCCHARISTIC MINISTERS:**

Judy Stevens 448-2413

**EUCCHARISTIC MINISTERS - HOMEBOUND:**

Diane Andreas 448-3555

**FINANCE COMMITTEE:**

Kenneth Goodrow 448-6542

**FOLK GROUP:** Jackie Gesek 448-6149

**KNIGHTS OF COLUMBUS:**

Bert Blais 448-3311

**LAZARUS MINISTRY:**

Joe Labrecque 632-4305

**LECTORS:** Sharon Guaraldi 632-7172

Gail McDonald 448-2797

**LITURGY COMMITTEE:** Patty Nolette 448-1795

**MARTHA MINISTRY:**

Joan Cornell 448-1749

Ann Smith 448-1390

**PASTORAL COUNCIL:** Paul Greeley 863-0512

**PEACE & JUSTICE COMMITTEE:**

**RESPECT LIFE COMMITTEE:**

Connie LeBlanc: 448-5129

**RITE OF CHRISTIAN INITIATION OF ADULTS AND FAITH FORMATION:**

Mark & Madeline Kelley 632-5069

**SACRISTANS:** Larry Guaraldi 632-7172

**SOCIAL COMMITTEE:**

Judy St Hilaire 448-5239

**TWINNING COMMITTEE:**

Melissa Robinson 448-4691

**USHERS:** Bruce Turner 448-5625

**YOUNG ADULT EXTENSION:**

Madeline Kelley 632-5069

**YOUTH CHOIR:** Christina Haidari 448-5065

**YOUTH MINISTRY:** Debra Campbell 863-2120

### OUR ALTAR MINISTERS FOR NEXT WEEK

**Eucharistic Ministers: 4:30** Jeff Neily, Dennis & Sylvie Seguin, Elaine Tedeschi

**8:00** Barbara Mathewson, Janice Miles, Randy Parla, Brian Sagraves

**10:30** Anne Jette, Linda & Steve Kosiorek, Suzan Louzier, Norma & Tom Mc Gonis

**Lectors: 4:30** Janet Lloyd, Laurette Dupree

**8:00** Fred Stevens, Frank Tamburrino

**10:30** Jeremy Stout, Gail Mc Donald

**Altar Servers: 4:30** +Jonathan Seguin & Kalen Mullin

**8:00:** Jesse & Miguel Hernandez, Michael White

**10:30:** Nicholas, Ben & Lucas Gerow, Alec Greeley

## WELCOME VISITORS



### Welcome

Help to make the parish a more evangelizing community of faith.

Welcoming newcomers is important if we are to help people feel at HOME in our parish. Greet those around you and

introduce yourself to someone you haven't met before. Tell them you look forward to seeing them again next week and that you will be looking for them - and do it! Make someone feel at home! Chances are they will want to come back! You can make a difference in making our parish a home.

**REGISTER AND BE PROUD:** If you are an unregistered member who comes to worship with us, we ask you to register using the blue registration form found on the pews. We are in the process of updating our parish data. Your cooperation and support is appreciated. Please do not let your children play with the registration forms and pencils. Help us maintain the cleanliness and orderliness of our worship place. We thank you for coming to worship at Sacred Heart.

### HOSPITAL VISIT...

If you or someone you know is going to the hospital, please call the rectory. We would like to pray with you and for you while you are ill or undergoing surgery. If you want a visit from a priest from the parish please specify and give your consent. This is required by the new hospital policy on privacy.

### Pray For

We ask for your prayers for the following individuals:

Fr William's Mother and Father, John Crane, Miriam Creighton, Howard Frojd, Liz Hannah, Lammie Leahy, Michael Quinn, Emilye Rainwater, Kathy Rhodes, Ellie Smith, Michael Swain. For Captain, Chris Denardo, John Craven, Major Jeremy Sechler, Tanya Tedeschi and all who have been deployed and their families.

### Fasting

When I fast, give me to know what it means to be without, so that I will also know what it means to be filled with you only.— from [Songs of Our Hearts, Meditations of Our Souls](#)

## OUR MASS INTENTIONS FOR THIS WEEK

<b>TUESDAY</b>	<b>2</b>	<b>LENTEN WEEKDAY (P)</b>
7:00 PM		Ted Minard / Tom & Pat Howard
<b>WEDNESDAY</b>	<b>3</b>	<b>LENTEN WEEKDAY (P)</b>
7:40 AM		Novena to Our Lady of La Salette
8:00 AM		Beatrice Jarvis / Husband-William
<b>THURSDAY</b>	<b>4</b>	<b>LENTEN WEEKDAY (P)</b>
7:00 PM		Victor Tremblay / Family
<b>FRIDAY</b>	<b>5</b>	<b>LENTEN WEEKDAY (P)</b>
8:00 AM		Msgr. Francis Curron
<b>SUNDAY</b>	<b>7</b>	<b>THIRD SUNDAY LENT(P)</b>
4:30 SAT		Eleanor Dunham / Family
8:00		All Parishioners
10:30		Catarina Mateo Juan / Eulalie Lopez Family

### **\$\$\$ STEWARDSHIP REPORT \$\$\$**

**To meet our weekly budget expenses we need \$5,500**

Offertory Collection: \$4,883.00

Ash Wednesday: \$ 412.00

The Finance Board wishes to thank you for your support in helping to meet the expenses of our parish!

## **CATHOLICS COMEING HOME**

**Sponsored By Sacred Heart Parish**

**Sessions are March 4, 11 & 18**

**At the K of C Hall across from the Sacred Heart Church.**

Coming Home means inviting back friends, acquaintances, spouses, and others. The reconnection or healing can start with a personal invitation from you. You can have an important impact on the lives of those you know and those you love.

## OUR PARISH CALENDAR FOR THIS WEEK

<b>SUNDAY</b>	<b>28</b>	<b>-K-6 Rel Ed 9-10:15 AM</b> <b>-Rel Ed Gr 7-10 / 6 PM</b> <b>-Catholic Relief Services Coll.</b>
<b>MONDAY</b>	<b>1</b>	<b>-Youth Group 7PM</b> <b>-RCIA 6:30 PM</b>
<b>TUESDAY</b>	<b>2</b>	<b>-Choir 5:30 PM</b>
<b>SUNDAY</b>	<b>7</b>	<b>-K-6 Relig Ed Classes 9-10:15</b> <b>-Teaching Jesus' Death &amp;</b> <b>Rising 9:05 High School</b>

## **SAINT KATHARINE DREXEL (1858-1955)**

**March 3**

Born into Philadelphia society, Katharine was an infant when she lost her mother. Her father remarried and the couple taught their daughters that their wealth was a "gift on loan" to be shared with the poor, whom they fed and cared for in their home. Invited by priest-friends to witness firsthand the destitution on Native American reservations, Katharine resolved to devote her inheritance to this apostolate and enter a contemplative order. When, however, in private audience, she begged Leo XIII to send missionaries to staff the schools she was building, the pope replied, "My child, why not become a missionary yourself?" Katharine renounced a twenty-million-dollar fortune and founded the Sisters of the Blessed Sacrament, adoring Christ present in the Eucharist and ministering to Christ suffering in victims of racial discrimination. Her Sisters established over sixty schools nationwide, including Xavier University, New Orleans, the first dedicated to professional education for African Americans. In 2000, John Paul II canonized "Mother Drexel," praising her "excellent example of practical charity and generous solidarity with the less fortunate, long the distinguishing mark of American Catholics." —Peter Scagnelli, © Copyright, J. S. Paluch Co.

## **Exercise your Faith**

In baptism and confirmation you were given many graces: Faith is a huge one, but you have to activate it and use it, or it grows weak for lack of exercise. from *To Be Like Jesus*

## **ADULT FORMATION**

Father Leo Maxfield will give the 2<sup>nd</sup> teaching on "**Jesus' Death and Rising** **March 7<sup>th</sup> at 9:05 AM** at the High School.

## **CHURCH RENOVATION FUND**

Next weekend there will be a second collection for church maintenance and repairs. ***We again count on your generous support!***

