

Sacred Heart Parish

Served by the Missionaries of Our Lady of La Salette
PO Box 482, 2 Hough Street, Lebanon, NH 03766-0482

(603)448-1262 Fax: (603)448-2139

www.sacredheartlebanon.org

email: sheartlebanon@myfairpoint.net

Pastor:

Rev. Dr. William V. Kaliyadan, M.S.

Secretary: Ann Kimball

Religious Education Director:

Karen R. Boucher Office: 448-1262
Home: 448-3930

Youth Ministry:

Debra Campbell 863-2120

Priest in Residence:

Rev. Richard Delisle, M.S.

Parish Office Hours:

Monday through Friday, 9:00 AM - 4:00 PM

Weekend Masses

Saturday 4:30 PM

Sunday 8:00 AM & 10:30 AM

Weekday Masses

Wednesday & Friday 8:00 AM

Tuesday & Thursday 7:00 pm

Sacrament of Reconciliation: Saturday 4:00-4:30; anytime on request.

Sacrament of Baptism: Contact the Parish Office 3 months before the birth

Sacrament of Matrimony: Contact the Pastor 6 months before the wedding date.

Sacrament of Anointing of the Sick: Please notify the parish office immediately if any one in the family is seriously ill.

Communion for Homebound: Please keep us informed of our sick and others who may be incapacitated so that we might minister to those in need, at home, in the hospital or a nursing home.

Welcome

We extend a warm welcome to all who are visiting or are here for the first time. If you attend Sacred Heart regularly and consider this your parish, please take time to register at the parish office. Make our church a home away from your home.

Parish Mission Statement

We, the People of Sacred Heart Parish, have the welcoming, loving presence of Jesus Christ as the center of our life, especially in the **Eucharist**. Through the ministry of the La Salette Missionaries we are committed to continuing the reconciling ministry of Jesus Christ.



Third Sunday in Ordinary Time January 23-24, 2010

The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. — Luke 4:18a

A HOLY TIME

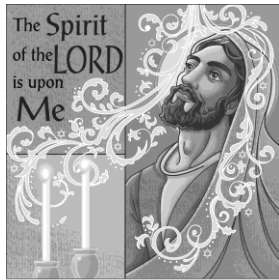
For those of us who live farther north, it is now the heart of winter. And for all of us, north and south, the holidays are over. We may sense the start of a long, hard stretch of blank time. These opening Sundays of “Ordinary Time” reflect this feeling of beginning.

Today’s reading from the book of Nehemiah tells with great drama how the people gathered to hear, as though for the first time, a solemn reading of God’s word. As they listened, they fell to the ground and wept. But the prophet said, “Today is holy to the LORD your God. Do not be sad, and do not weep” (Nehemiah 8:9).

Today’s Gospel tells a similar dramatic tale. We are presented with the very beginning of Jesus’ public life. The people gathered to listen, and Jesus proclaimed the fulfillment of the

prophet’s words. To his listeners—and to us—he announced “a year acceptable to the Lord” (Luke 4:19).

© Copyright, J. S. Paluch Co.



© J. S. Paluch Co., Inc.

TODAY’S READINGS

First Reading — Ezra read from the book of the law of God to the assembled people. They understood and accepted the law (Nehemiah 8:2-4a, 5-6, 8-10).

Psalm — Your words, Lord, are Spirit and life (Psalm 19).

Second Reading — As the body with its many parts is still one body, so it is with Christ (1 Corinthians 12:12-30).

Gospel — While attending worship in the Nazarean synagogue, Jesus reads from the prophet Isaiah and declares himself to be the fulfillment of the prophecy (Luke 1:1-4; 4:14-21).

SAINT ANGELA MERICI (c. 1474-1540) January 27

Born in Northern Italy, orphaned in childhood, Angela Merici faced a society in which education was largely the privilege of wealthy young men and based primarily in monastic schools. This reality shaped Angela’s insightful conviction that society’s disorder was caused by disorder in the home, and a lack of model Christian mothers the result of neglecting the education of young women. Transform the Christian family by placing an educated wife and mother at its heart, Angela believed, and the whole world would be renewed in Christ! So she gathered a small group of unmarried women, many of them Franciscan Tertiaries (lay affiliates) like herself, and set out to educate poor girls, free of charge, in their homes. She and her band of teachers called themselves “companions,” pioneering a new form of non-cloistered religious life for women, bearing witness to evangelical simplicity in the midst of the world, not as a formal “order” but as the “Company (compagnia) of Saint Ursula.” Known today as the Ursulines, Angela Merici’s spiritual daughters continue serving the Church and society in a rich diversity of ministries. —Peter Sagnelli, © Copyright, J. S. Paluch Co.

Be a Sponsor and Support our Church Renovation

Chairs for Handicap Seating (16) – \$ 250.00 (each)

New Kneeler - \$200 (each)

Refinish a Pew - \$400

Restoring Exterior doors - \$500 (each)

In the spirit of Christmas generously donate any amount towards construction of a new ADA Restroom, new Confessional, Painting, Tiling and Carpeting of the church.

REMEMBERING OUR LOVED ONES... *A wise person once said, “Flowers are for the living. Memorials should be eternal.” As Catholics, we believe in the Resurrection, life after death, and that we will spend eternal life with Jesus Christ and our departed loved ones. We miss those who have died and passed into God’s hands. Our memories of them are precious, and we seek ways that will not only memorialize them, but also celebrate their lives and what they represented. A gift in memory of a loved one can be a fitting tribute, and can also benefit the mission and future of our parish.*

FIVE WAYS TO SUPPORT MY PARISH PRIEST

2 PARTICIPATE AND BE ACTIVE: The best thing you can do for your priest is to come to Mass every weekend and get involved in your parish. Use your gifts and talents to help the parish grow. Volunteer to help with whatever needs to be done. Attend parish events and support your parish financially. By all means, if God has touched you or your family in some way because of something your priest has said or done, let him know what happened. When priests see how God is working through them, it reaffirms their calling!

Keep your priest informed if you hear about a parishioner who is sick, injured, or going through some difficulty in life. Priests are often the last to hear about these things, and they can't be everywhere at once. This will help your priest be where he needs to be to care for his parishioners most effectively. Above all, keep your relationship with Jesus your top priority. Priests will come and go in your parish, and they will touch your life in many ways, but your faith must always be grounded in the Lord.

3 WATCH YOUR EXPECTATIONS

Sometimes, people have unrealistic expectations of what a priest "should be" or "should do." They want Father to be present at every parish function, every community event, and every time someone has a question, concern, or special need. It is important to remember that priests are people, too, with the same normal human limits. Just as you need a day or two off every week, so does your priest. In fact, studies have shown that time off is important for priests, to help them maintain both their spiritual focus and their energy levels. We can all forget to take care of ourselves now and then: it doesn't hurt to remind your priest to do so. Accept your priest for the unique person he is. Priests come in all shapes, sizes, ages, personalities styles: introverts and extroverts; mild-mannered and quick-tempered; serious and witty. Each priest has his own preferences and peculiarities as well, so let him be himself, with his own gifts and talents. Each priest will minister in his own way. Trust God to work through your priest to meet the needs of the parish, and let him know that you support him. If you have the ability to make your priest laugh----do it! A good laugh goes a long way toward relieving any stress he may be feeling.

4 BE PREPARED TO BELIEVE THE BEST:

A lot of what you hear on the parish grapevine is either untrue or is, at best, greatly exaggerated. Most people really want their priest to succeed in his ministry. But a few negative people can do a lot of damage--- not just to the priest but to the entire parish. Sometimes, negativity stems from misunderstandings. Often, people will make assumptions about something they hear a priest say, or see him do, that have no basis in reality. Keep in mind that Father might not be able to fully explain something he may have done because he is bound by confidentiality. Or he might appear to be distracted or distant, when he's actually worried about something in the parish or exhausted after being up all night with a dying parishioner. Until you have all the facts it is best to give him the benefit of the doubt.

This applies doubly to how you talk about your priest, especially in front of your children. Gently confront parishioners who spread rumors, and make a clear that criticizing a priest behind his back never solves a problem. If there is a legitimate, offer to go with them to talk to the priest.

When difficulties arise, do your priest the courtesy of making an appointment so you can talk about it with him in person, one-on-one. (It is never wise to try to engage a priest in a serious discussion in the vestibule after Mass or in a place where other people are listening.) Be honest in conveying your feelings, but also be respectful. Pray that the Lord will guide you. If you can't come to some resolution, you may need a mediator or a higher authority. In some cases, you may reach a point where you simply agree to disagree.

continued next page...

ALL COMMITTEES NEED VOLUNTEERS!

OUR PARISH COMMITTEES

ALTAR SERVERS: Brian Sagraves 298-7437

BAPTISMAL PREP:

Greg & Karen Ogrinc 448-3642

BEREAVEMENT SUPPORT:

Jeanne Childs 643-4440

CHOIR: Joanie Whiting 526-2674

CHRISTIAN FORMATION: Karen Boucher 448-1262

COMING HOME: Fr William 448-1262

DECORATING COMMITTEE:

Donna Christy 448-2427

EUCCHARISTIC MINISTERS:

Judy Stevens 448-2413

EUCCHARISTIC MINISTERS - HOMEBOUND:

Diane Andreas 448-3555

FINANCE COMMITTEE:

Kenneth Goodrow 448-6542

FOLK GROUP: Jackie Gesek 448-6149

KNIGHTS OF COLUMBUS:

Bert Blais 448-3311

LAZARUS MINISTRY:

Joe Labrecque 632-4305

LECTORS: Sharon Guaraldi 632-7172

Gail McDonald 448-2797

LITURGY COMMITTEE: Patty Nolette 448-1795

MARTHA MINISTRY:

Joan Cornell 448-1749

Ann Smith 448-1390

PASTORAL COUNCIL: Paul Greeley 863-0512

PEACE & JUSTICE COMMITTEE:

RESPECT LIFE COMMITTEE:

Connie LeBlanc: 448-5129

**RITE OF CHRISTIAN INITIATION OF ADULTS
AND FAITH FORMATION:**

Mark & Madeline Kelley 632-5069

SACRISTANS: Larry Guaraldi 632-7172

SOCIAL COMMITTEE:

Judy St Hilaire 448-5239

TWINNING COMMITTEE:

Melissa Robinson 448-4691

USHERS: Bruce Turner 448-5625

YOUNG ADULT EXTENSION:

Madeline Kelley 632-5069

YOUTH CHOIR: Christina Haidari 448-5065

YOUTH MINISTRY: Debra Campbell 863-2120

OUR ALTAR MINISTERS FOR NEXT WEEK

Eucharistic Ministers: 4:30: Diane Andreas, Gordon

Bagley 8:00: Janice Miles & Christi O'Brien

10:30: Michele & Steve Gerow, Michelle Gilliatt

Lectors: 4:30: Fran Miramonti & Tina Avery

8:00: Jeremy Stout & Dan Dahmen

10:30: Linda Paulsen & Louise Dauphinais

Altar Servers: 4:30: Juanita Barrera, Meredith Melendy

8:00: Nicholas & Andrew Ogrinc, Christine & Scott Jones

10:30: Garrett & Joshua Fontaine,

Caleb & Keegan Caraway

FIVE WAYS TO SUPPORT MY PARISH PRIEST continued...

5 SHOW YOUR APPRECIATION

Everyone needs affirmation. The encouragement of a few parishioners helped one young priest give better homilies. Another priest admitted that the affirmation of parishioners helped him recognize his musical abilities and learn how to use those gifts in his ministry.

Thank your priest for giving his life to you and to the Lord. Recognize how much work goes into making the parish run well. Tell your priest when you like something that he did or the way in which he handled a situation.

You may want to drop him an encouraging note or leave a positive message on his voice mail. Remember his birthday, his anniversary of ordination, and other special days. It's not necessary to send a gift---just the recognition of the event is an expression of appreciation and encouragement.

While you're thinking of ways to appreciate your priest, it doesn't hurt to ask him what would be most helpful! Some priests like being invited to the homes of parishioners for dinners or parties. Others appreciate having home-cooked meals or healthy treats dropped off at the rectory. So don't be shy about asking your priest for ideas on how you can make his life a little easier or more enjoyable. You might be surprised to learn that some gesture you consider "small" means the world to a man who spends so much time and energy seeing to other's needs.

A FINAL THOUGHT: Jesus makes himself present to us in a special way through his priests---so whatever you do for your parish priest, you also do for the Lord. And whatever you do for the Lord helps to build the Kingdom of God right here on earth.

WELCOME VISITORS



Welcome

Help to make the parish a more evangelizing community of faith. Welcoming newcomers is important if we are to help people feel at HOME in our parish. Greet those around you and introduce yourself to someone you haven't met before. Tell them you look forward to seeing them again next week and that you will be looking for them - and do it! Make someone feel at home! Chances are they will want to come back! You can make a difference in making our parish a home.

OUR MASS INTENTIONS FOR THIS WEEK

TUESDAY 26 STS TIMOTHY & TITUS (W)
7:00 PM Nicholas Philip Just/Niece-Donna

WEDNESDAY 27 WEEKDAY (G)
7:40 AM Novena to Our Lady of La Salette
8:00 AM Mary Gerry /
Connie & Maurice LeBlanc

THURSDAY 28 ST THOMAS AQUINAS (W)
7:00 PM Msgr. Colin MacDonald

FRIDAY 29 WEEKDAY (G)
8:00 AM Barbara Whitman /
Maurice & Connie Le Blanc

SUNDAY 31 FOURTH SUNDAY (G)
4:30 SAT Phil & Uta Langan /
Maurice & Connie Le Blanc

8:00 All Parishioners
10:30 Thomas Dauphinais /
Louise Dauphinais

\$\$\$ STEWARDSHIP REPORT \$\$\$

To meet our weekly budget expenses we need \$5,500

Offertory Collection: \$4,766.00

Seminarians collection \$ 841.50

The Finance Board wishes to thank you for your support in helping to meet the expenses of our parish!

PRESENTATION OF GIFTS AT MASS...

If you are having a special Mass intention on the weekend, please see an Usher 10 minutes before Mass if you wish to bring up the gifts during the Offertory.

REMEMBER THE CHURCH IN YOUR WILL...

Have you remembered your Parish in your Will? Please consider Sacred Heart Parish in your Will. The Future of our Church depends on our generous sharing of our wealth today. Together let us build our Church for the next generation. Remember your faith community who spiritually nurtured your journey. For more info call 448-1262.

PRAYER FOR VOCATIONS

Loving God, you chose Jesus as your beloved servant to bring justice to the world. Through baptism you also call us to be your chosen servants. Show us the path to follow and be with us in our journey. May your Spirit guide women and men to serve the church.

Bless us with your grace now and forever. Amen.

QUOTE:

I believe in prayer. It's the best way to draw strength from heaven.

DIOCESAN CATHOLIC SCHOOL EDUCATIONAL FUND



Next weekend we will have a mandated second collection that is sent directly to the Diocese in support of for Catholic school education and it will also assist our parish with its yearly Catholic schools diocesan assessment of . In this special collection, the entire Catholic community of New Hampshire is invited to make a sacrifice to help build part of our Catholic Church of tomorrow. Your sacrifice and your prayers respectfully asked for, make it possible to continue announcing the "good News" that Jesus Christ is Lord, and that with, in, and through Him we journey toward Our Father.

REGISTER AND BE PROUD: If you are an unregistered member who comes to worship with us, we ask you to register using the blue registration form found on the pews. We are in the process of updating our parish data. Your cooperation and support is appreciated. Please do not let your children play with the registration forms and pencils. Help us maintain the cleanliness and orderliness of our worship place. We thank you for coming to worship at Sacred Heart.

HOSPITAL VISIT...

If you or someone you know is going to the hospital, please call the rectory. We would like to pray with you and for you while you are ill or undergoing surgery. If you want a visit from a priest from the parish please specify and give your consent. This is required by the new hospital policy on privacy.

JOKE

Johnny had been misbehaving and was sent to his room. After a while he emerged and informed his mother that he had thought it over and then said a prayer. "Fine", said the pleased mother. "If you ask God to help you not misbehave, God will help you."

"Oh, I didn't ask God to help me not misbehave," said Johnny, "I asked God to help you put up with me."