

Sacred Heart Parish

Served by the Missionaries of Our Lady of La Salette
PO Box 482, 2 Hough Street, Lebanon, NH 03766-0482

(603)448-1262 Fax: (603)448-2139

www.sacredheartlebanon.org

email: sheartlebanon@myfairpoint.net

Pastor:

Rev. Dr. William V. Kaliyadan, M.S.

Secretary: Ann Kimball

Religious Education Director:

Karen R. Boucher Office: 448-1262
Home: 448-3930

Youth Ministry:

Debra Campbell 863-2120

Priest in Residence:

Rev. Richard Delisle, M.S.

Parish Office Hours:

Monday through Friday, 9:00 AM - 4:00 PM

Weekend Masses

Saturday 4:30 PM

Sunday 8:00 AM & 10:30 AM

Weekday Masses

Wednesday & Friday 8:00 AM

Tuesday & Thursday 7:00 pm

Sacrament of Reconciliation: Saturday 4:00-4:30; anytime on request.

Sacrament of Baptism: Contact the Parish Office 3 months before the birth

Sacrament of Matrimony: Contact the Pastor 6 months before the wedding date.

Sacrament of Anointing of the Sick: Please notify the parish office immediately if any one in the family is seriously ill.

Communion for Homebound: Please keep us informed of our sick and others who may be incapacitated so that we might minister to those in need, at home, in the hospital or a nursing home.

Welcome

We extend a warm welcome to all who are visiting or are here for the first time. If you attend Sacred Heart regularly and consider this your parish, please take time to register at the parish office. Make our church a home away from your home.

Parish Mission Statement

We, the People of Sacred Heart Parish, have the welcoming, loving presence of Jesus Christ as the center of our life, especially in the **Eucharist**. Through the ministry of the La Salette Missionaries we are committed to continuing the reconciling ministry of Jesus Christ.



The Epiphany of the Lord January 2-3, 2010

Rise up in splendor, Jerusalem! Your light has come, the glory of the Lord shines upon you. — *Isaiah 60:1*



RISE UP IN SPLENDOR

This great feast of the Epiphany of the Lord opens with these words: “Rise up in splendor, Jerusalem! Your light has come, the glory of the Lord shines upon you” (Isaiah 60:1). That reading goes on to describe a world covered with darkness. Even in that world, the prophet announces that the glory of the Lord will shine on Jerusalem. Many would agree that our world is covered with darkness—the darkness that war, terrorism, and famine bring. Today we announce that even in today’s world, the Lord can scatter that darkness, if only we would welcome Epiphany’s light. As we remember the visit of the magi to the manger, let us pray that one day our weary world will rise up in splendor—the splendor of peace and justice. © Copyright, J. S. Paluch Co.

TODAY’S READINGS

First Reading — Rise up in splendor, Jerusalem! The Lord shines upon you and the glory of the Lord appears over you (Isaiah 60:1-6).

Psalm — Lord, every nation on earth will adore you (Psalm 72).

Second Reading — The mystery has been made known that the Gentiles are coheirs, copartners in the promise in Christ Jesus through the gospel (Ephesians 3:2-3a, 5-6).

Gospel — Magi from the east arrived, saying, “Where is the newborn king of the Jews?” (Matthew 2:1-12).

SAINT ELIZABETH ANN SETON (1774-1821) January 4

Though her liturgical designation is “religious,” Elizabeth Seton, her feast-day prayer reminds us, was also “wife, mother, educator, and foundress.” Born into a wealthy Episcopalian family, Elizabeth married William Seton, whose untimely death in Italy where the young family sought healing for William’s tuberculosis left her, at twenty-nine, a widow with five children. Inspired by the faith and charity of the Italian family with whom they stayed, Elizabeth embraced Catholicism despite her family’s disowning her and ceasing financial support. This woman of many firsts (and several vocations!) opened the first free Catholic school, beginning the American Catholic educational system, and founded the first American religious community for women, the Sisters of Charity. The tuberculosis that claimed her husband took also her oldest and youngest daughters and, finally, at just forty-seven, Elizabeth herself. Another first: in 1975 she was canonized the first native-born American saint. Once asked to summarize her spirituality, she replied: “Faith lifts the staggering soul on one side, hope supports it on the other, experience says it must be, and love says let it be!”

—Peter Scagnelli, © Copyright, J. S. Paluch Co.

Be a Sponsor and Support our Church Renovation

Chairs for Handicap Seating (16) – \$ 250.00 (each)

Wood Wall Mount Statue Pedestal – \$1000.00

New Kneeler - \$200 (each)

Refinish a Pew - \$400

Restoring Exterior doors - \$500 (each)

In the spirit of Christmas generously donate any amount towards construction of a new ADA Restroom, new Confessional, Painting, Tiling and Carpeting of the church.

REMEMBERING OUR LOVED ONES... *A wise person once said, “Flowers are for the living. Memorials should be eternal.” As Catholics, we believe in the Resurrection, life after death, and that we will spend eternal life with Jesus Christ and our departed loved ones. We miss those who have died and passed into God’s hands. Our memories of them are precious, and we seek ways that will not only memorialize them, but also celebrate their lives and what they represented. A gift in memory of a loved one can be a fitting tribute, and can also benefit the mission and future of our parish.*

BLESSED JOURNEY TO ALL AS WE TRAVEL TOGETHER IN THE MONTHS AHEAD!

**This Year
mend a quarrel,
Seek out a forgotten friend.
Write a love letter. Share some
Treasure. Give a soft answer. Encourage
Youth. Keep a promise. Find the time. Forgive
an enemy. Listen. Apologize if you were wrong.
Think first of someone else. Be kind and gently. Laugh
a little. Laugh a little more. Express your gratitude. Gladden
the heart of a child. Take pleasure in the beauty and wonder of the the Earth.
Speak your love.
Speak it again.
Speak it still once again.**

Recent donations to our MEMORIAL/FLOWER FUND

Pat Aucoin	IN LOVING MEMORY OF	Aucoin & Messer Families
M&M David Brooker		William, Dorothy & Terry, Leahy, Walter Brooker
M&M Alexander Carr		Napoleon & Clarida Bellavance
Veronica Colby		Loved Ones
M&M Paul Cote		Mary & Louis Varcasia, Irene & Ronald Cote
M&M Donel D'Cruze		Loved Ones
Francis & Lillian Dulac		Edward Biron
Anne Fair		Abrahams Family
M&M James Filiano		Leonard Filiano
Carol Frost		Evelyn Kimball
Marina Grgas		Sretna Grgas
M&M Clifford Griswold		Steve Griswold
Anne Jette		Adrian Jette
John Mc Namara		Doris Mc Namara
Beverly Metcalf		Metcalf & Pecor Families
M&M John Murphy		Anne Murphy
M&M Richard Reynolds		Myra Hamel
Karen Sheehan		Glendon, Shirley, John & Kevin Sheehan
Sherri Tillison		Evelyn Kimball
Stephanie Truman		Grammie Perreault & Truman
M&M Walter Wilcox		Leon & Beatrice Dixon & Patricia
Mary Winslow		Barbara Whitman
M&M Joseph De Palo		Earle Simmons, Thomas DePalo, M&M Joseph DePalo, Sr.
M&M Alfred Le Jeune		M&M Harold LeJeune, M&M Anthony Whalen, & Geraldine
M&M Michael Pascucci		M&M Michael Pascucci, Sr, M&M Samuel Fursow
Elizabeth Pollard		Wilson Pollard, Mildred Wall, Viola Dodge
M&M Richard Robinson	Jill Joyce, George Bartlett, Alice & Isadora Lauctolle, Gabriel & Mary Kissell	
M&M Curt Jacques	Debbie & Bradley Bingel, Ernest Ormond, Daisy Glover, Ray & Exilda Avery, Eliza Bohol, Kathy Boisvert, Michael Moroni	
M&M Carlyle Morrison	James & Bertha Murphy, Normand & Dot Rabidas, Diane & Mike Demers, Mary, Albert & Armand Duclos	
Baumann, Marshall & Frojd Families	Nicholas Baumann, Joseph & Marlene Marshall, Niels Frojd, Patricia & Frank Cacioppo, John & Florence Baumann	

FOR YOUR TAX PURPOSES

A letter will be mailed to Sacred Heart parishioners who use the offertory donation envelopes stating their donations for 2009. The computer letter is a record of your giving to the parish during 2009 to help you with filing your income tax returns. If there are any errors please call the parish secretary, Ann Kimball 448-1262 (Tuesday-Friday).

There are about 250 parishioners (households) who use the envelopes, which is 30% of the registered parishioners!

HOMEBOUND If you are aware of any homebound parishioners who are not being visited by a priest and/or Eucharistic Minister, please call the rectory (448-1262). It's important that these people do not feel isolated and abandoned by the parish.

Pray For

We ask for your prayers for the following individuals:

John Crane, Miriam Creighton, Ann Filiano, Howard Frojd, Liz Hannah, Lammie Leahy, Michael Quinn, Kathy Rhodes, Fran Tremblay. For John Craven, Major Jeremy Sechler, Tanya Tedeschi and all who have been deployed and their families.

OUR ALTAR MINISTERS FOR NEXT WEEK

Eucharistic Ministers: 4:30: Jack & Nancy Le Brun

8:00: Judy Stevens & Johanne Kingston

10:30: Linda & Steve Kosiorek, Suzan Louzier

Lectors: 4:30 Tina Avery & Fran Miramonti

8:00: Gail McDonald & Dan Dahmen

10:30: Linda Paulsen & Louise Dauphinais

Altar Servers: 4:30 Jonathan Seguin

8:00: Nicholas & Andrew Ogrinc, Christine & Scott Jones

**10:30: Garrett & Joshua Fontaine,
Caleb & Keegan Caraway**

HOSPITAL VISIT...

If you or someone you know is going to the hospital, please call the rectory. We would like to pray with you and for you while you are ill or undergoing surgery. If you want a visit from a priest from the parish please specify and give your consent. This is required by the new hospital policy on privacy.

HANDY LITTLE CHART – GOD HAS A POSITIVE ANSWER GOD SAYS BIBLE VERSES

You say: 'It's impossible'

God says: All things are possible
(Luke 18:27)

You say: 'I'm too tired'

God says: I will give you rest
(Matthew 11:28-30)

You say: 'Nobody really loves me'

God says: I love you
(John 3:1 6 & John 3:34)

You say: 'I can't go on'

God says: My grace is sufficient
(II Corinthians 12:9 & Psalm 91:15)

You say: 'I can't figure things out'

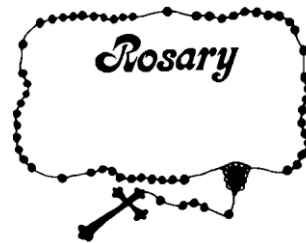
God says: I will direct your steps
(Proverbs 3:5- 6)

You say: 'I can't do it'

God says: You can do all things
(Philippians 4:13)

You say: 'I'm not able'

God says: I am able
(II Corinthians 9:8)



HOLY ROSARY:

Devotion to Our Blessed Mother is a significant part of the La Salette community and those of us who are served by the La Salette priests. Holy Rosary is very essential part of our Catholic tradition. To honor Mary's role and influence in our lives and to encourage our community to pray together, the Rosary will be recited at 4 PM on the first Saturday of each month. Please join us in praying this beautiful devotion. We will be asking each committee/ministry to take a turn in leading the rosary every first Saturday of the month.

OUR MASS INTENTIONS FOR THIS WEEK

TUESDAY 7:00 PM	5 ST JOHN NEUMANN (W) Evelyn Kimball / Carol Frost
WEDNESDAY 7:40 AM 8:00 AM	6 BLESSED ANDRE BESSETTE Novena to Our Lady of La Salette Barbara Whitman / Aileen & Bob Duerr
THURSDAY 7:00 PM	7 ST RAYMOND OF PENAFORT Nicholas Philip Just / Niece Donna Just
FRIDAY 8:00 AM	8 WEEKDAY (W) Fr. Paul Ruzzo / Louise Dauphinais
SUNDAY 4:30 SAT 8:00 10:30	10 THE BAPTISM OF THE LORD Alice Laramie / Madeleine & Steve Marchewka All Parishioners Frank Currier / Family

<p>\$\$\$ STEWARDSHIP REPORT \$\$\$ To meet our weekly budget expenses we need \$5,500 12/21 Offertory Collection: \$5,032.00 12/21 Christmas Decorations: \$1,552.15 The Finance Board wishes to thank you for your support in helping to meet the expenses of our parish!</p>

PRESENTATION OF GIFTS AT MASS...

If you are having a special Mass intention on the weekend, please see an Usher 10 minutes before Mass if you wish to bring up the gifts during the Offertory.

REMEMBER THE CHURCH IN YOUR WILL...

Have you remembered your Parish in your Will? Please consider Sacred Heart Parish in your Will. The Future of our Church depends on our generous sharing of our wealth today. Together let us build our Church for the next generation. Remember your faith community who spiritually nurtured your journey. For more info call 448-1262.

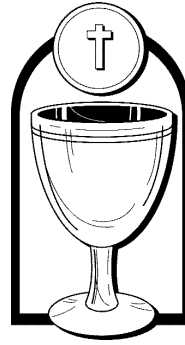
PRAYER FOR VOCATIONS

Loving God, you chose Jesus as your beloved servant to bring justice to the world. Through baptism you also call us to be your chosen servants. Show us the path to follow and be with us in our journey. May your Spirit guide women and men to serve the church. Bless us with your grace now and forever. Amen.

TIME WITH GOD

There's nothing more important I can do in my day than take some time to be with my Lord.
— from God Help Me: How to Grow in Prayer:
— "If you want to know who you are and why you're here, start praying every day."—
From Chapter One

EUCARISTIC ADORATION



"The act of adoration outside of Mass prolongs and intensifies all that takes place during the liturgical celebration itself." — Benedict XVI

You are invited to spend one hour in Eucharistic Adoration the second Sunday of the Month from 9-10 AM just after the 8AM Mass. Jesus himself awaits us in this sacrament of love. Let us not refuse the time to go meet him in adoration and to listen to Him speak to our yearning hearts. Jesus, help us to know you better through this peaceful time.

JOB OPPORTUNITY

Part time Religious Education Coordinator for St. Helena/St. Mary Parish. We are looking for a dedicated Catholic to coordinate and oversee the religious education program for the children and youth of the parish. Please submit a letter of interest, resume and two letters of reference on or before January 15, 2010 to the following address: St. Helena/St. Mary Church, 36 Shaker Hill Road Enfield, NH 03748 Attn: Search Committee. For further information call the church office at 632-4263

GOOD DISPOSITION

A good disposition is a virtue in itself, and it is lasting; the burden of the years cannot depress it, and love that is founded on it endures to the end. — Ovid

LITTLE MINUTES

Little drops of water, little grains of sand, make the mighty ocean and the pleasant land; so the little minutes, humble though they are, make the mighty ages of eternity. —Julia A. Fletcher Carney

PRETTY POWERFUL SENTENCE...

God determines who walks into your life....it's up to you to decide who you let walk away, who you let stay, and who you refuse to let go.'